



# September 2020

| <u>Monday</u>   | <u>Tuesday</u>  | <u>Wednesday</u>  | <u>Thursday</u>  | <u>Friday</u>   |
|---|---|---|--|---|
| <p>31</p> <ul style="list-style-type: none"> <li>◆ Pork Chop w/Green Chile</li> <li>◆ Sweet Potato</li> <li>◆ Mixed Vegetable</li> <li>◆ Dinner Roll w/ Margarine</li> <li>◆ Yogurt</li> <li>◆ 1% Milk</li> </ul>  | <p>1</p> <ul style="list-style-type: none"> <li>◆ Chicken &amp; Sausage Jambalaya w/Peppers &amp; Onions</li> <li>◆ Peas &amp; Carrots</li> <li>◆ Rice</li> <li>◆ Apple</li> <li>◆ 1% Milk</li> </ul>                                      | <p>2</p> <ul style="list-style-type: none"> <li>◆ Blackened Tilapia</li> <li>◆ Rosemary Potatoes</li> <li>◆ Malibu Blend</li> <li>◆ Whole Wheat Roll w/ Margarine</li> <li>◆ Sliced Peaches</li> <li>◆ 1% Milk</li> </ul>                      | <p>3</p> <ul style="list-style-type: none"> <li>◆ Baked Ziti w/ Vegetables</li> <li>◆ Oriental Blend</li> <li>◆ Garlic Bread</li> <li>◆ Cottage Cheese &amp; Pears</li> <li>◆ 1% Milk</li> </ul>                                    | <p>4</p> <ul style="list-style-type: none"> <li>◆ Sliced Turkey w/Brown Gravy</li> <li>◆ Mashed Potatoes w/ Brown Gravy</li> <li>◆ Baby Carrots</li> <li>◆ Watermelon</li> <li>◆ 1% Milk</li> </ul>    |
| <p>7</p> <p>Closed for Labor Day</p>  | <p>8</p> <ul style="list-style-type: none"> <li>◆ Baked Salmon</li> <li>◆ Au Gratin Potatoes</li> <li>◆ Steamed Broccoli</li> <li>◆ Pineapple</li> <li>◆ 1% Milk</li> </ul>    | <p>9</p> <ul style="list-style-type: none"> <li>◆ Carne Adovada</li> <li>◆ Pinto Beans</li> <li>◆ Spinach</li> <li>◆ Tortilla</li> <li>◆ Cantaloupe</li> <li>◆ 1% Milk</li> </ul>    | <p>10</p> <ul style="list-style-type: none"> <li>◆ Roasted Turkey w/ Green Chile Sauce</li> <li>◆ Green Beans</li> <li>◆ White Rice</li> <li>◆ Dinner Roll w/ Margarine</li> <li>◆ Vanilla Pudding</li> <li>◆ 1% Milk</li> </ul>  | <p>11</p> <ul style="list-style-type: none"> <li>◆ Baked Chicken w/ Olives &amp; Diced Tomatoes</li> <li>◆ Corn</li> <li>◆ Yams</li> <li>◆ Grapes</li> <li>◆ 1% Milk</li> </ul>                      |
| <p>14</p> <ul style="list-style-type: none"> <li>◆ Philly Cheesesteak, Swiss Cheese w/Hoagie</li> <li>◆ Baked Beans</li> <li>◆ Broccoli</li> <li>◆ Mixed Fruit</li> <li>◆ 1% Milk</li> </ul>                     | <p>15</p> <ul style="list-style-type: none"> <li>◆ Omelet, Mushrooms &amp; Spinach</li> <li>◆ Hash Browns</li> <li>◆ Stewed Tomatoes w/ Onions</li> <li>◆ Whole Wheat Bread w/Margarine</li> <li>◆ Banana</li> <li>◆ 1% Milk</li> </ul>  | <p>16</p> <ul style="list-style-type: none"> <li>◆ Shredded Chicken Tacos w/Fajita Blend, White Flour Tortillas</li> <li>◆ Spanish Rice</li> <li>◆ Cauliflower w/Red Peppers</li> <li>◆ Chocolate Chip Cookie</li> <li>◆ 1% Milk</li> </ul>  | <p>17</p> <ul style="list-style-type: none"> <li>◆ Beef Tips and Brown Gravy</li> <li>◆ Bow Tie Pasta</li> <li>◆ Peas &amp; Carrots</li> <li>◆ Dinner Roll w/ Margarine</li> <li>◆ Apple</li> <li>◆ 1% Milk</li> </ul>            | <p>18</p> <ul style="list-style-type: none"> <li>◆ Green Chile Pork Stew</li> <li>◆ Rosemary Potatoes</li> <li>◆ Calabacitas</li> <li>◆ Tortilla</li> <li>◆ Honey Dew</li> <li>◆ 1% Milk</li> </ul>  |
| <p>21</p> <ul style="list-style-type: none"> <li>◆ Salisbury Steak w/ Mushroom</li> <li>◆ Rice Pilaf</li> <li>◆ Crinkle Cut Carrots</li> <li>◆ Yogurt</li> <li>◆ 1% Milk</li> </ul>                              | <p>22</p> <ul style="list-style-type: none"> <li>◆ Chile Cheese Dog w/Bun</li> <li>◆ Tater Tots w/ Ketchup</li> <li>◆ Cauliflower</li> <li>◆ Oatmeal Cookie</li> <li>◆ 1% Milk</li> </ul>    | <p>23</p> <ul style="list-style-type: none"> <li>◆ Turkey Pot Pie w/Pie Crust</li> <li>◆ Diced Beets</li> <li>◆ Orzo Pasta</li> <li>◆ Orange</li> <li>◆ 1% Milk</li> </ul>   | <p>24</p> <ul style="list-style-type: none"> <li>◆ Teriyaki Beef w/ Broccoli &amp; Onions</li> <li>◆ White Rice</li> <li>◆ Oriental Blend</li> <li>◆ Pineapple Chunks</li> <li>◆ 1% Milk</li> </ul>                               | <p>25</p> <ul style="list-style-type: none"> <li>◆ Salmon w/Lemon &amp; Olive Oil</li> <li>◆ Spaghetti Alfredo w/ Tomatoes</li> <li>◆ Green Beans</li> <li>◆ Pear</li> <li>◆ 1% Milk</li> </ul>      |