

April 2025

Santa Barbara Martineztown Multigenerational Center

505.767.5671

1825 Edith Blvd NE 87102

cabq.gov/seniors



Welcome to Santa Barbara Martineztown!

ONE ALBUQUE RQUE senior affairs

SANTA BARBARA MARTINEZTOWN
MULTIGENERATIONAL CENTER PRESENTS:

Centenarian Birthday Celebration

April 10th, 2025

COME JOIN US FOR A CELEBRATION
WITH A LIVE BAND AND COME
DANCE WITH US TO CELEBRATE A
CENTURY OF BEING ALIVE!

RSVP WITH THE
FRONT DESK AT
505-767-5671

ENTRY: FREE
START AT
1:30 PM-3:00 PM

SANTA BARBARA MARTINEZTOWN
MULTIGENERATIONAL CENTER
1825 EDITH BLVD NE 87102
505-767-5671

Center Hours

Monday-Friday:
8:00 AM-5:00 PM

Saturday and Sunday:
Closed.

Mayor

Timothy M. Keller



Director

Anna M. Sanchez

Center Staff

Matthew Montoya
Program Coordinator

Elijah Sims
General Service
Worker

Part-Time Staff
Aaliyah, Albert,
Cindy, and Ivenienna

50+ SENIOR TECH CONNECT

NORTH DOMINGO BACA MULTIGENERATIONAL CENTER

APRIL 11, 2025

8:30AM - 12:30PM

A chance for
older adults to
explore today's
technology



Prizes & Fun
Refreshments
Demonstrations
Computer Classes
Hands-on Learning
No Registration Required
(505)764-6475

Scan to
Learn More!
<https://www.cabq.gov/seniors/events>

ONE ALBUQUE RQUE senior affairs

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TEENIORS

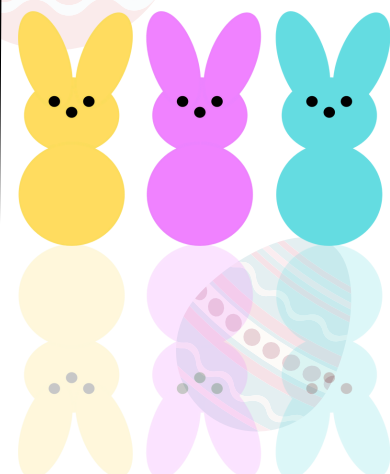
Free Ride!

Santa Fe
National Cemetery



Sign Up at
Front Desk

April 9, 2025 | May 14, 2025 | June 11, 2025



Accredited by
National Institute of
Senior Centers

Our Mission: We are committed to providing resources with care and compassion that help our community thrive while embracing aging.

ONE ALBUQUE RQUE

Monday

Friendship Coffee	8:00 AM-2:00 PM
Computer Lab	8:00 AM-3:00 PM
Puzzle Table	8:00 AM-4:45 PM
Yoga-Gentle	8:30 AM-9:30 AM
Inclusive Art and Crafts Class	10:30 AM-12:00 PM
On The Move	1:15 PM-2:15 PM
Movie	1:30 PM-3:30 PM
Dance(4th Monday)	1:30 PM-3:00 PM



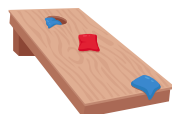
Tuesday

Friendship Coffee	8:00 AM-2:00 PM
Computer Lab	8:00 AM-3:00 PM
Puzzle Table	8:00 AM-4:45 PM
Tech Help Tuesday	8:00 AM-4:45 PM
Yoga-All Level	8:30 AM-9:30 AM
Line Dancing	1:00 PM-2:00 PM
Zumba-Low Impact	3:45 PM-4:45 PM



Wednesday

Friendship Coffee	8:00 AM-2:00 PM
Computer Lab	8:00 AM-3:00 PM
Flea Market	8:00 AM-12:00 PM
Flea Market Sign up (Last Wednesday)	10:15 AM-11:00 AM
Puzzle Table	8:00 AM-4:45 PM
Walk in the Park	8:30 AM-9:00 AM
YouTube Foodies	9:00 AM-10:00 AM
Inclusive Art and Crafts Class- Paint and Sip	10:00 AM-12:00 PM
Yoga	12:00 PM-1:00 PM
Birthday Celebration! (3rd Wednesday)	1:00 PM-1:30 PM
Corn Hole	1:30 PM-2:30 PM



Thursday

Friendship Coffee	8:00 AM-2:00 PM
Computer Lab	8:00 AM-3:00 PM
Puzzle Table	8:00 AM-4:45 PM
Yoga-All Level	8:30 AM-9:30 AM
Movie	9:00 AM-11:00 AM
Crochet Group	10:00 AM-11:30 AM
Pickleball	1:30 PM-3:00 PM



Friday

Friendship Coffee	8:00 AM-2:00 PM
Computer Lab	8:00 AM-3:00 PM
Puzzle Table	8:00 AM-4:45 PM
Yoga	9:45 AM-10:45 AM
Inclusive Art And Crafts Class	10:30 AM- 12:00 PM
Karaoke	11:00 AM-12:30 PM
Card Game Time	1:30 PM-3:00 PM
Zumba-Low Impact	3:45 PM-4:45 PM



**More Activities
Coming Soon!**

**ONE
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ONE ALBUQUERQUE senior affairs
SANTA BARBARA MARTINEZTOWN
MULTIGENERATIONAL CENTER PRESENTS:



Centenarian Birthday Celebration

April 10th, 2025

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SANTA BARBARA MARTINEZTOWN MULTIGENERATIONAL CENTER 1825 EDITH BLVD NE 87102 505-767-5671

Birthday Cake Celebration

Join us to celebrate birthdays of the month for our Birthday Cake Celebration, Sponsored by Oak Street Health.



Centenarian Birthday Celebration
Wednesday, April 10th
1:30 PM

Birthday Celebration
Wednesday, May 21st
1:30 PM



Trip to Santa Fe to Visit Loved Ones via the Rail Runner

Provided By New Mexico Rail Runner

We're also excited to announce a new partnership with New Mexico Rail Runner! This program will provide trips for seniors to visit their loved ones. Sign up today at the front desk to take advantage of this opportunity!

Wednesday, April 2nd
Time:TBD

*Sign up at front desk

Wednesday, May 7th
Time:TBD

*Sign up at front desk



RAIL RUNNER
Wednesday, June 4th
Time:TBD

*Sign up at front desk



Inclusive Beats: Dance, Smile, Belong

April 28th, 2025
1:30 PM-3:00 PM
Grease is the Word



May 26th, 2025
1:30 PM-3:00 PM
Totally 80's Party



Senior Citizens Law Office Presentations

Don't forget to RSVP and Join us for these helpful and great presentations with the front desk!

Legal Clinic
Tuesday, April 15, 9-11 AM: Legal clinic



ThinkFirst for Adult Fall Prevention Presentation



Tuesday, April 15 at 10:00 am

Join us for an informative Fall Prevention Class, presented by Helen Sisneros in collaboration with Think First and UNM. Learn valuable tips and techniques to stay safe, active, and confident!

Gentle Yoga

Instructor: Toby
Mondays
8:30 AM - 9:30 AM)
Fridays
9:45 AM - 10:45 AM

Yoga (Beginning)

All Level Yoga **NEW**
Instructor: Amy
(Starting 4/8/2025)
Tuesdays
8:30 AM-9:30 AM
(Starting 4/10/2025)
Thursday
8:30 AM-9:30 AM



Pose Focused
Instructor: Colleen
(\$3 FEE) Wednesdays
12:00 PM- 1:00 PM

Participants shall:

1. Maintain personal hygiene that is not offensive or unhealthy.
2. Show consideration for the diversity of staff and other participants.
3. Treat Center materials, equipment, furniture, grounds, and the facility with respect.
4. Use the Senior Center and Fitness Center equipment in a safe and appropriate manner.
5. Keep the Senior Center building and grounds neat, clean, and litter free.
6. Show courtesy to other participants and staff and respect decisions made by center Management.
7. Bring issues involving the operations of the Center to management's attention for resolution.

Participants are prohibited from:

1. Harassing or bullying other participants or staff, and shall refrain from sexually harassing other participants or staff.
2. Using of racial slurs or abusive language.
3. Using voice or behavior that will disturb other Center participants.
4. Using language or behavior that other participants and staff will find obscene, abusive, or sexually offensive including through social media, in person, by phone, or other electronic device.
5. Bringing any unlawful weapons into the centers. Unlawful weapons are prohibited in certain City facilities. (See Administrative Instruction AI 5-19 and NMSA 1978 §30-7-2.1).
6. Fighting with other participants or staff.
7. Bringing bicycles into the facility.
8. Smoking in City facilities or on City premises.
9. Consuming or possessing alcoholic beverages in City facilities or on City premises.
10. Any type of gambling in all City of Albuquerque Senior Centers, Fitness Centers, and Multigenerational Centers.
11. Selling, soliciting, or panhandling in Centers.
12. Eating in any pool room or computer lab.
13. Removing food from the meal site area when participating in the congregate meal.
14. Vandalizing or damaging Center facilities, equipment or materials.

Puzzle Table

Take a break and enjoy a peaceful time with puzzles while giving your brain a little workout! Stop by and help us piece together some fun as we relax and challenge our minds.

**Monday-Friday
8:00 AM-4:45 PM**

Friendship

Coffee

Come drop in and enjoy some coffee and socialize with one another!



**Monday-Friday
8:00 AM-2:00 PM**

Memberships!

- \$20.00 Annual Membership Fee
- Yearly from the day of payment.
- You gain access to all Multigenerational Centers, Senior Centers and Sports and Fitness Centers!
- Please remember to update or renew membership. Also, check in at the front desk for any classes or activities in which you participate.

Santa Barbara Martineztown Multigenerational Flea Markets

Come join us for flea markets every Wednesday!

All ages!
Come find some knick knacks to take home!

Lottery is the last Wednesday of the month 10:15 AM when drawing occurs for the following Months.

**Lottery Drawing
Wednesday, March 26th
10:15 AM**

**\$2 per table
8:00 AM- 12:00 PM**



Line Dancing (Beginning)



Tuesdays from 1:00 PM - 2:00 PM

Join our great beginning line dancing class open for All ages who loves to line dance or wants to learn line dancing!

DSA Advisory Council

April 21st

12:00 PM-1:30 PM

North Domingo Baca

Multigenerational Center

7521 Carmel Ave NE, 87113



That Darn Yarn: Crochet Group



Thursdays

10:00 AM-11:30 AM

Karaoke

Fridays

12:00 AM-2:00 PM



Join us for a fun-filled karaoke session where you can sing your heart out and shine like a star!

Inclusive Art and Crafts Class

Join our fun staff led class open for all ages. Join us to see what we can create!

**Craft-Mondays
10:30 AM - 12:00 PM)**

**Paint and Sip-Wednesdays
10:00 AM- 12:00 PM**

**Craft-Fridays
10:30 AM - 12:00 PM)**



Movies

Attention- Movies subject to change


Mondays

Thursdays

Action
 Monday, April 7th
 1:30 PM -3:30 PM

ACTION!

Drama
 Thursday, April 10th
 9:00 AM -11:00 AM




Comedy
 Monday, April 14th
 1:30 PM -3:30 PM

HA HA


Action
 Thursday, April 17th
 9:00 AM -11:00 AM

ACTION!


Drama
 Monday, April 21st
 1:30 PM -3:30 PM



Romance
 Thursday, April 24th
 9:00 AM -11:00 AM



Romance
 Monday, April 28th
 1:30 PM -3:30 PM



Comedy
 Thursday, May 1st
 9:00 AM -11:00 AM

HA HA



MOVIE TIME

Zumba-Low Impact

Join us for some fun times and low impact zumba! Get your body going and break a sweat while listening to some awesome music with our Phenomenal instructor Leo!

Tuesdays and Fridays
 3:45 PM-4:45 PM



Tech Help Tuesday

Come join us every Tuesday all day!



Come find some help with your technology from the staff of Santa Barbara Martineztown Multigenerational Center!

Join us for skill building on all your technology from laptop to cell phones!



Thursday, April 17th
 3:00 PM-5:00 PM

YouTube Foodies

Learn how to whip up delicious, healthy meals on a budget in our fun and easy online cooking class!



Wednesday
 9:00 AM-10:00 AM

Card Game Time

Fridays
 1:30 PM-3:00 PM

Join us at the Santa Barbara Martineztown Multigenerational Center for a fun time with family and friends! Enjoy a variety of board and card games.



Pickleball



Join us for some exciting games of Pickleball with one court indoors!

Thursdays
 1:30 PM-3:00 PM

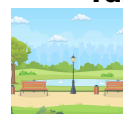
Paint and Sip Coffee

Unwind with a relaxing Paint & Sip session—enjoy a cup of coffee while you unleash your creativity on canvas!



Wednesdays
 10:00 AM-12:00 PM

Walk in the Park



Take a refreshing stroll with us through the park as the leaves fall and we embrace the beauty of the fall season every Wednesday!

Note: if inclement weather we can walk inside the building.

Wednesdays
 8:30 AM-9:00 AM

Senior Hot Meals Monthly Schedule

IMPORTANT NOTICE

Dine in hot lunch is served
11:30 AM - 1:00 PM
Monday - Friday.

Please call
505-767-5671
to make your
reservation by
12:00P.M. the day
prior.

If you have made a
reservation please
call and inform so
we can give the
meal to another
participant.

If you forgot to
make a reservation
we will be able to
give out
cancellation meals
at 12:30 p.m.

Thanks in advance!

COST BY AGE-

50-55
\$8.41
55-59
\$5.55
60 AND UP
\$2
(DONATION)

Notice

All FOOD AND MILK MUST BE CONSUMED IN DESIGNATED DINING AREAS ONLY

In compliance with Area Agency on Aging and New Mexico Aging and Long-Term Services senior meal program regulations, meals cannot be removed from the meal site designated dining area, however fruit, such as bananas, apples, oranges and individually wrapped cookies are exceptions to the rule. If you have any questions regarding regulations and guidelines, please call Senior Affairs Nutrition and Transportation Division Manager

Tim Martinez at 505-764-6450 for further clarification.

Thank you in advance for your cooperation.

Santa Barbara Martineztown Multigenerational Center

Presents:

After School Youth Program!

Ages:

5 - 13 years old

Dates:

January 6th

Hours of Operation:

3:30 PM- 5:00 PM

Location:

Santa Barbara Martineztown
Multigenerational Center
1825 Edith Blvd NE,
Albuquerque, NM 87102

School Location:

Low Wallace Elementary-
We will Transport from School to Center.

Jefferson Middle School-

Pick up from the Bus stop off of Edith Blvd NE and Hannett Ave NE

Phone:

505-767-5671

Fees:

- Active Membership Fee: \$20 Annual, per child
- Program Fee: \$15 per month, per child

Supper Meal will be provided

Snacks are welcome!

Planned Activities & Field Trips Include:

- Arts & Crafts
- Sports & Outdoor Games
- Field Trips to Local Attractions
- Fun Group Projects

Call us today to reserve your spot! Spaces are limited!

The Youth Zone!-
Started in January!

NEW!



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ALBUQUE senior affairs
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