

# RSVP Voluntimes

September 2022

## Message from your RSVP Team

Fall is upon us and with that brings cooler weather, school bells ringing and a lot of exciting volunteer opportunities! September is a busy and exciting month jam-packed with events and conferences.

The 44th Annual Conference on Aging will be held on September 7th - 8th, 2022. The conference is being held virtually again this year. The Department of Senior Affairs will be hosting three watch parties located at our North Valley Senior Center, North Domingo Baca Multigenerational Center and at the Manzano Mesa Multigenerational Center. Please contact the center closets to you and join us for this great event!

Senior Day at the State Fair is on Monday, September 12th. RSVP along with our fellow volunteer programs will have an information table there so swing by and say hello!

The Albuquerque Film + Music Experience will be held on September 13th – 18th, 2022. This year is their 10th anniversary and will include filmmakers, musicians, and artists from around the world sharing their stories and work. If you are in to the arts, this is a great event for you. We invite you to visit our volunteer opportunities section in the newsletter to find out how you can volunteer with the above-mentioned events as well as other opportunities available throughout the city.

Last but not least, the RSVP Advisory Council is looking for additional council members. If you are interested please contact the RSVP office at 505-767-5225.

We can't thank you enough for dedicating your time to volunteer in the community. Because of you our community is a better place.

Until we see each other again, be well and stay safe.  
Cristina, Josie and Isaiah

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## RSVP Staff

Cristina Romero-Baca  
RSVP Supervisor

Isaiah Valenzuela  
Office Assistant

Josie Orduna  
Intake & Screening  
Specialist

## RSVP Office

131 Monroe NE  
Albuquerque, NM 87108  
505-767-5225

## Office Hours

M-F: 8a-5p

## Note From the Director

Hello,

Can you believe it is almost fall? As the days get shorter and the weather gets cooler, I am reminded what fall is all about: Change. Some of us enjoy change; changes in weather, seasons, or even changes that bring new initiatives and opportunities.

Moving into this time, we will continue to thoughtfully measure and evaluate the outcomes of our programs and services we provide, I am proud to share a snapshot of the impact we have achieved through our work during fiscal year 2022:

- 4,469 hours spent on senior home renovation and maintenance through our home services department.
- 38,944 transportation rides for older adults through our senior transportation services.
- 212,832 fresh, hot senior meals served at centers, and satellite meal sites.
- 293,103 community members that participated in socialization programming through senior meal program sites.

Additionally, this year we are looking forward to facility upgrade renovations, new community partnerships and new opportunities to provide more ways for older adults to pursue their individual health and wellness goals. Stay tuned for more details on these changes.

Finally, please look for upcoming opportunities to offer your feedback, it will help provide an accurate picture of our community needs that will guide us in developing plans for the future.

Wishing you a happy and healthy fall!

Sincerely,



Anna Sanchez, Director  
Department of Senior Affairs



## Upcoming Events

09/04 Visual Arts Museum: First Sunday FREE Admission at the National Hispanic Cultural Center.

09/05: RSVP Office Closed - Labor Day.

09/07-09/08: 44th Annual Conference on Aging Watch Party- Manzano Mesa Multigenerational Center, North Domingo Baca Multigenerational Center, North Valley Senior Center

09/12: Seniors' Celebration Day & Healthy Living Day at the State Fair

09/23-24: Globalquerque! - National Hispanic Cultural Center





# Goodbye Summer, Hello Fall!



## National Hispanic Cultural Center

The National Hispanic Cultural Center has been bringing artistic and meaningful projects to Albuquerque for the last 22 years first opening its door in 2000. The Center have also been apart of the RSVP program since 2001. RSVP Volunteers have always found exciting and new opportunities here. If you haven't gotten a chance to explore the campus or see one of their many artistic shows or exhibits we highly recommend doing so! The staff is attenuative and helpful to all of its guest and volunteers needs. NHCC is committed to preserving and advancing the rich Hispanic Culture of Central New Mexico.

The center offers a wide variety of activities and Volunteer opportunities for the residents of Albuquerque including Performing Arts, Visual Arts, History & Literary Arts and Education. The Center has an amazing list of events coming up in September!

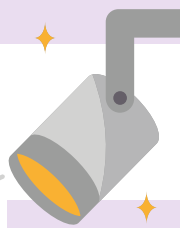
A quick message from NHCC:

"Volunteers are an important part the NHCC team! you can join us as an usher for performances, assist volunteers in our library, help with fun, hands-on art activities, and more. In early September, Ushers will assist patrons during the play "Our Lady of the Tortilla", and on September 23 and 24 we will host the world music festival Globalquerque. Join us during the day on September 24 for our free Global Fiesta Family Day. It's a fun-filled day packed with educational workshops, art activities, performances, and more!"

If you would like more information on volunteering opportunities at the Hispanic Cultural Center please contact Volunteer Coordinator Annette Lujan at 505-383-4783

### Kudos Corner

A special shout out to Timothy Hoffman for all of his help at Highland Senior Center, Tim always puts others first and shows up every single day to help out in the kitchen. We appreciate you!



**IMPORTANT NOTICE**

### Volunteer Hours

Due to RSVP reporting requirements, the volunteer hours submission deadline has changed. You will now have to report your hours within a 14 day period. For example, if you volunteer on August 1st you have until August 15th to submit your hours via the RSVP Web Assistant. If you need assistance with entering your hours contact the RSVP office at 505-767-5225.

### RSVP Web Assistant

We have received several calls regarding issues concerning accessing the Web Assistant site. Please note that the correct web address for this site is [www.cabq.gov/rsvp](http://www.cabq.gov/rsvp). If you run into an issue with logging into the system call the RSVP office.

## Volunteer Spotlight - September



For our Volunteer spotlight this month we would like you to meet Archie Stannish! Ms. Stannish has been a Volunteer with RSVP since 2011 and has volunteered at over 13 stations! She focuses her expertise on Visit Albuquerque where she works the visitor information desk at the Sunport giving travelers and tourist visitor information and must see around spots around our beautiful state. She also gives her time to the VA hospital and Popejoy hall. It is always a pleasure talking and interacting with Archie and we are proud to have her as a part of our wonderful Volunteer program.

Archie worked at Sandia National Labs in an Administrative position she retired after 31 years. When asked about what Volunteering means to her she said that she likes to give back to Albuquerque because the city has a lot to offer and she wants to ensure that the community stays vibrant, helpful, and resourceful to all of its residents. In her free time Archie enjoys going on long walks, starting up card games of bridge with her peers and friends, and also enjoys getting out onto the golf course. Thank you Archie for all that you do for our Community!



## September Birthdays

Carlton Valcourt 9/2  
Karen Moody 9/3  
Ambrosio Chavez 9/9  
Marry Cook 9/10  
Thaddeus Korbin 9/10  
Barbara Witemeyer 9/11

Shannon Vaughn 9/12  
Robert Teel 9/13  
Julia Beach 9/13  
Izela Martinez 9/16  
Janet Mitrovich 9/16  
Esther Martinez 9/19

Janice Wilson 9/21  
Bonny Dumond 9/22  
Lara Keys 9/23  
JoAnn Turrieta 9/26  
Cathy Dahms 9/26  
Tom Wagner 9/27



## Special Volunteer Opportunities

### ABQ Film + Music Experience

September 13th - 18th

celebrate the amazing New Mexico Film Industry. Help Celebrate the art, culture and music within the film industry. Multiple opportunities are available. For more information please visit [www.afmxnm.com/volunteer](http://www.afmxnm.com/volunteer) or contact Martha Cummings [martha@afmxnm.com](mailto:martha@afmxnm.com)

### I&A Booth for NM Conference on Aging

Volunteers are needed for Information & Assistants table handing out literature such as pamphlets and promoting senior services during the Watch parties being held at the following: Manzano Mesa Multigen. North Domingo Baca Multigen. & North Valley Senior Center on September 7th and 8th. If you would like more information please call our office at 505-767-5225

### Registration Booth for NM Conference on Aging

Volunteers are needed to assist in helping register and sign in senior guest for the Watch Parties on September 7th and 8th the event being held at the following locations: Manzano Mesa multigen. North Domingo Baca multigen. North Valley Senior Center. If you would like more information call our office at 505-767-5225

## Volunteer Opportunities

### Catholic Charities

Assist in transporting seniors to imitated destinations. Please note all drivers must drive their own Vehicles

### Meals on Wheels

Meals on Wheels is looking for meal delivery drivers Monday-Friday 10:00 am to 1:30 pm. Each Driver is assigned their own route. Please note all drivers must use their own vehicle.

### Roadrunner Food Bank

Mobile Food Distributions: Assist in distributing food boxes. Prepare Food Boxes: Assist in sorting, repacking and relabeling food inside warehouse. Volunteers must be able to stand for a full 2-hour shift and lift at least 25+ pounds.

### Ronald McDonald House Charities

Sew/Crochet for Donations: Volunteers may sew/crochet or donate old clothing items for volunteer time.

### University Hospital

The University Hospital needs a greeter at the door to greet patients and escort them to their appointments.

### VA Medical Center

Greet guests, provide informational brochures and maps to individuals; provide directions to specific hospital locations/areas, answer phones.

**\*\*To find out about all RSVP volunteer opportunities call the RSVP office at 505-767-5225 or visit [cabq.gov/rsvp](http://cabq.gov/rsvp).**

**26TH ANNUAL PRIME TIME 50+ EXPO**  
**FREE EVENT**

**OCTOBER 11<sup>TH</sup> 2022**  
**8AM TO 1:30PM**  
**EMBASSY SUITES**  
1000 WOODWARD PL. NE,  
ABQ, NM 87102 (LOMAS & I-25)  
**Free Health Screenings,  
Entertainment and Much More!**  
Call 505-242-2428 For More Information

Brought to you by:  
Elford Juan Ibañeta of New Mexico  
IMA CLINICAL RESEARCH  
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Humana

**Drivers needed for the 26th Annual Prime Time Expo.  
If you would like more information please call our office at  
505-767-5225**

# The RSVP Advisory Council Needs You!

Council members are needed to promote and recruit for senior volunteer opportunities, evaluate program effectiveness, and assist with volunteer recognition event planning. Council members serve two-year terms. The council meets once a month at the Highland Senior Center. Call 505-767-5225 for more information.

The flyer is divided into three main sections. The top section features the AmeriCorps Seniors logo and the title 'RSVP Advisory Council Members Needed'. The middle section, titled 'RSVP (Retired & Senior Volunteer Program)', describes the program's focus on senior centers and nonprofits. The bottom section, titled 'RSVP Advisory Council', details the council's role in promoting and evaluating the program. To the right of these sections is a blue box with a white list of five responsibilities for council members, numbered 1 through 5. At the bottom of the flyer, there is a call to action with the phone number 505-767-5225 and logos for AmeriCorps Seniors and ONE ALBUQUE RQUE.

**AmeriCorps Seniors**

## RSVP Advisory Council Members Needed

**RSVP (Retired & Senior Volunteer Program)**

RSVP volunteers are assigned to senior centers, city programs, or other partnering nonprofit organizations.

**RSVP Advisory Council**

Council members are needed to promote and recruit for senior volunteer opportunities, evaluate program effectiveness, and assist with volunteer recognition event planning. Council members serve two-year terms. The council meets once a month at the Highland Senior Center.

**RSVP Advisory Council Member Responsibilities**

- 1 Gain clear understanding of RSVP volunteer program and assist in short and long term council and RSVP program planning.
- 2 Participate in annual review of Advisory Council and RSVP work.
- 3 Visit at least one volunteer site annually.
- 4 Become knowledgeable of RSVP project's service impact within the community.
- 5 Create positive relationships with council members and other community stakeholders.

Interested in being a part of this fulfilling and meaningful opportunity?

**Call 505-767-5225 for more information.**

**AmeriCorps Seniors** **ONE ALBUQUE RQUE** senior office

## Advisory Council Members

### President

Amy Fisher

### Vice President

Karen Hanks

### Treasurer

Marlene Sena

### Secretary

Shavanna Aragon

Dorothy Garcia

Tony Johnson

Millie Martinez

Marie Morra

Judy Spear

Elayne Villa



## Falls Risk Screening Event

This FREE screening event includes strength and balance tests, home safety education, shoe fit clinic and education on how older adults can improve their balance and decrease the chances of a fall.

The event is taking place September 23rd from 8am to 12pm at the Palo Duro 50+ Sports and Fitness center  
3351 Monroe NE 87110

If you would like more information call 505-880-8120