

# Happy November

## Message from the RSVP Supervisor

The summer days are behind us and as we prepare for colder weather and shorter days, I can't help but be amazed by how quickly this year has flown by!

Over the past year, so much has happened but the most notable for me is the growth of the program. Our RSVP family has grown significantly with over 100 new volunteers joining the program ready to serve our community, six new members joined the RSVP Advisory Council, and our staff is finally complete with the addition of Ms. Mailiya Williams as our new Office Assistant.

As we enter the month of Thanksgiving, I sit and reflect on all that I am thankful for. I am thankful for all of you who take time out of your day to help improve our community. I am grateful for our community partners who provide opportunities for RSVP volunteers to give back to the community. Lastly, I am extremely thankful for Isaiah and Mailiya, who work hard to ensure that our volunteers and partners' needs are met with care, compassion, and professionalism.

Also, this month we honor all who have served in the United States military. I would like to take a moment to recognize all of the RSVP volunteers who served in the Military. Thank you for your service to our country and for continuing to serve our community through your volunteer efforts.

As mentioned last month, the Conference on Aging is taking place at the National Hispanic Cultural Center on November 13th and 14th. If you are interested in volunteering for this conference, please call the RSVP office to sign up.

In the spirit of the Holiday season, the Department of Senior Affairs is hosting our Annual Holiday Donation Drive. Soft good donations can be dropped off at any of our Senior or Multigenerational Centers until November 3rd. RSVP volunteers will be sorting these items on November 16th. If you are interested in helping with sorting the donations, please call our office to sign up.

From the bottom of my heart, I would like to wish you and your family a wonderful, healthy and safe Thanksgiving.

**Cristina Romero-Baca**  
RSVP Supervisor

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### DSA Administration



Anna Sanchez, Director

Chris Sanchez  
Deputy Director

Nikki Peone  
Associate Director

Natasha Montoya  
Community Volunteer  
Engagement Manager

### RSVP Staff

Cristina Romero-Baca  
RSVP Supervisor

Isaiah Valenzuela  
RSVP Volunteer Coordinator

Mailiya Williams  
RSVP Office Assistant

### RSVP Office

714 7th Street SW  
Albuquerque, NM 87102  
505-767-5225

### Office Hours

Monday -Friday  
8:00 a.m.-5:00 p.m.

# Updates & Reminders

## Important Dates

11/1: Open enrollment for medicare starts  
11/10: **CLOSED** for Veterans Day  
11/11: Veterans Day Celebration at the NM Veterans Memorial Park  
11/13-15: 45th Annual Conference on Aging at the National Hispanic Cultural Center  
11/23-24: **CLOSED** for Thanksgiving



## Mileage Reimbursement

We've received a few questions regarding the mileage reimbursement policy. The mileage reimbursement policy is one round trip per day from your residence to your volunteer station returning home with a maximum of \$25.00 per month.

## New Volunteer Orientation

If you are new to the program or need a refresher on how to enter your hours into the Web Assistant, training sessions are held on the second Tuesday of each month at the Barelvas Senior Center – RSVP office. To register contact the RSVP office at (505) 767-5225.

## Volunteer Hours

As of January 30, 2023, The Retired Senior Volunteer Program (RSVP) will no longer accept Volunteer Time Tracking Sheets or Paper Time Sheets. Volunteers are required to submit all volunteer hours via the RSVP Web Assistant.

It is the policy of the RSVP that every volunteer enters their volunteer hours utilizing the RSVP Web Assistant. We highly recommend submitting hours on a daily basis. Volunteers can access the Web Assistant by going to [www.cabq.gov/rsvp](http://www.cabq.gov/rsvp). Hours must be entered within 14 days from the day you volunteer. After the 14th day volunteers will not be able to submit hours via the Web Assistant.

## RSVP Advisory Council Grant

Due to the planning of the RSVP Volunteer Appreciation Breakfast, the issuing of the 2023 RSVP Advisory Council Grant guidelines has been postponed until further notice. As soon as the Advisory Council has finalized the grant guidelines, we will make an announcement in our newsletter as well as on our website. We sincerely apologize for the delay but hope to have this opportunity rolled out in the near future!

## Advisory Council Members

President  
**Amy Fisher**

Treasurer  
**Marlene Sena**

Mary Anaya  
Dorothy Garcia  
Andrea Garcia-Lansford  
Greg Hallstrom  
Sonyia Hartwell  
Tony Johnson  
Tomas Lujan  
Millie Martinez  
Marie Morra  
Michele Watkins  
Judy Spear

# Spotlight

This month we shine the spotlight on ...  
all of our Veterans

## Honorees

Steven Armer	Joseph Heine	Carl E. Roth
Michael Arruti	Theodore Hensley	Patrick Sena
James Berdine	Timothy P. Hoffmann	Brian Shields
Richard Buratti	Nettie L. Hunter	Victor "Woody" Simpson
Frances Castillo	Laura Ann Jennings	Allen Spalt
David Castle	Tony Johnson	Richard Swanson
Charles J. Chavez	Arlando "Bo" Keith	Robert R. Teel
Paul Cheng	Danny B. Lay Jr.	Patrick Turrieta
Richard Coffel	Julian E. Lopez	JoAnn Turrieta
Gary Louis Day	Thomas Lujan	Raymond L. Upson
Michael Eakins	Joseph Anthony Marino	Carlton "Carl" C. Valcourt
Robert M. Fass	John Martin	Edward E. Vigil
Frank Fisk	Dennis Martinez	Jose Vigil
John J. Franklin	Phil Martinez	Robert Walling
Michael Garcia	Robert R. Martinez	Thomas E. Ware
Rodney G. Getting	Craig "Pete" McCrea	Wayne Webster
David Giacomuzzi	Stephen Nowaczek	Robert "Bob" W. Wilson
Michael Gillotti	Paul Nunez	David R. Wimsatt
William Gornall	Michael Owen	Michele M. Worm
Calvin Harris	Wallace Payne	

This Veterans Day, all of us here at RSVP would like to thank every single one of our dedicated volunteers who have served our country. We will never forget the sacrifices made by each and every one of you to keep this country and our people safe and free. We would also like to remind you all to speak to your Senior or Multigenerational Center to have your photo displayed on the Veteran Wall of Honor if you have not done so already.

# Celebrations

## VETERANS DAY

SATURDAY, NOVEMBER 11TH 2023

 **New Mexico Veterans Memorial Park**  
1100 Louisiana SE Albuquerque, NM

**10:00AM**

Musical Prelude provided by  
Dukes of Albuquerque Concert Band

**11:00AM - 12:30PM**

Ceremony

**ONE ALBUQUE RQUE**

military & veterans affairs



New Mexico Veterans Memorial



For further information, call (505) 768-4496

## JOIN US FOR OUR ANNUAL VETERANS DAY PARADE

SATURDAY NOVEMBER 11, 2023



**Start: 9 AM**

USS  
Bullhead  
Memorial  
Park  
1606 San  
Pedro Dr SE

**End: 10 AM**

New Mexico  
Veterans  
Memorial Park  
1100  
Louisiana  
Blvd SE



**ONE ALBUQUE RQUE**

military & veterans affairs

IF YOU WOULD LIKE TO PARTICIPATE, PLEASE EMAIL:  
[VETDAYPARADE@CABQ.GOV](mailto:VETDAYPARADE@CABQ.GOV)

## November Birthdays

1st **Michael Garcia**  
**Rita Romero**

4th **Charles Chavez**

**Barbara Egelman**  
**Victor Gonzales**  
5th **Angela Lovato**  
**Margie Martinez**  
**Deanne Moody-Mettling**

7th **Danny Lay Jr.**

8th **Cristina Romero-Baca**

11th **Rickie Gonzales**

14th **David Lund**

15th **John Franklin**  
**Anne Merkley**

16th **Sara Jensen**

17th **Paul Brennan**

18th **Robert Turner Wood**

20th **Dixie Prowell**

**Ginny Azevedo**  
21st **Marilyn Lafer**  
**Yingjian Zhang**

22nd **David Lenzer**

24th **Jennie Jiron**  
**Nasrin Movaghar**

25th **Steven Armer**  
**Debra Happ**

28th **Bill Davidson**  
**Marna Herrick**

29th **Patricia Appel**

*Happy Birthday*

# Opportunities

## Volunteer Stations

Adelante Development Center  
AFME Foundation - AFMX  
Alameda Satellite Site  
Albuquerque Bio Park Education  
Albuquerque Little Theater  
Albuquerque Police Department  
Albuquerque Reads  
Alzheimers Association  
Anderson/Abruzzo International  
Balloon Museum  
Animal Welfare Department  
Aviation Department  
Barelas Senior Center  
Bear Canyon Senior Center  
Catholic Charities  
Cesar Chavez Comm. Ctr.  
Dress for Success  
DSA Advisory Council  
DSA Case Management  
DSA Home Services  
DSA Information & Assistance  
Ed Romero Terrace Meal Site  
Embudo Towers Meal Site  
Encino Garden Meal Site  
Encino Terrace Meal Site  
Every Ability Plays Project  
Explora Science Center  
Friends of Valle de Oro  
Highland Senior Center  
Hospice De La Luz  
Indian Pueblo Cultural Center

Joy Junction  
Keshet Dance Comapny/Center  
for the Arts  
La Amistad Mealsite  
Long-Term Care Ombudsman  
Los Duranes Senior Satellite  
Los Volcanes Fitness Center  
Los Volcanes Senior Center  
Lovelace Women's Hospital  
Manzano Mesa Multigenerational  
Center  
Manzano Mesa Sports and Fitness  
Maxwell Mus. of Anthropology  
Meals on Wheels  
Musical Theatre Southwest  
Nat. Hispanic Cultural Center  
New Mexico Kids Matter  
New Mexico Ramp Project  
New Mexico Veterans Memorial  
NM Museum of Nat. Hist. and  
Science  
NM Commission for the Blind  
North Domingo Baca M.C.  
North Domingo Baca Sports and  
Fitness  
North Valley Senior Center  
Open Space Visitor Center  
Outpost Performance Space  
Palo Duro Senior Center  
Palo Duro Sports & Fitness Center

Paradise Hills West Annex  
Popejoy Hall  
Presbyterian Healthcare Services  
Presbyterian Kaseman  
Presbyterian Northside  
ProMedica Hospice  
Read to Me Albuquerque Network  
Rio Bravo Satellite Site  
Roadrunner Food Bank  
Ronald McDonald House Charities  
RSVP  
Shalom House Mealsite  
South Valley Multi-Purpose Ctr.  
Mealsite  
Storehouse  
Taylor Ranch Community Center  
Tender Love Community Center  
Tijeras Senior Center  
Department of Senior Affairs  
Transit  
University Hospital  
VA Center for Development and  
Civic Eng  
Visit Albuquerque  
Western Sky Community Care  
Westgate Community Center  
Whispering Pines Satellite  
Wings For LIFE International

## Special Projects

### Presbyterian Health Services

Presbyterian Health Services is looking for volunteers to staff their information desks and gift shop.

### Donation Drive

We are looking for volunteers to help us on 11/16 to sort through all of the amazing holiday drive donations we have received in the past month.

### Drivers Needed

The Department of Senior Affairs is in need of more volunteer drivers for senior center activities such as aquatics, field trips, hiking groups, fishing clubs.
























### Information & Assistance

DSA I&A is looking for volunteers to assist with providing senior resource materials at local outreach events.

# November 2023

The Department of Senior Affairs Senior Meal Program is proud to be part of the New Mexico Grown state initiative to provide locally sourced fruits, vegetables, beans, and chile, ensuring our seniors a healthy meal.



Monday	Tuesday	Wednesday	Thursday	Friday
<p><b>30</b></p> <ul style="list-style-type: none"> <li>□ Pork Loin w/gravy</li> <li>□ Rice pilaf</li> <li>□ Corn</li> <li>□ Dinner roll w/ margarine</li> <li>□ Pear</li> <li>□ 1% milk</li> </ul> 	<p><b>31</b></p> <ul style="list-style-type: none"> <li>□ Mummy loaf in swamp water (Meatloaf w/gravy)</li> <li>□ Mashed potatoes</li> <li>□ Sliced carrots</li> <li>□ Jell-O</li> <li>□ 1% milk</li> </ul> 	<p><b>1</b></p> <ul style="list-style-type: none"> <li>□ Breaded chicken patty w/green chile white gravy</li> <li>□ Sweet potato</li> <li>□ Green beans</li> <li>□ Apple w/peanut butter slices</li> <li>□ 1% milk</li> </ul> 	<p><b>2</b></p> <ul style="list-style-type: none"> <li>□ Pot roast w/potato, celery, carrots</li> <li>□ Italian blend</li> <li>□ Ancient grain</li> <li>□ Mandarin oranges</li> <li>□ 1% milk</li> </ul> 	<p><b>3</b></p> <ul style="list-style-type: none"> <li>□ Omelet w/mushrooms, spinach</li> <li>□ Hash browns</li> <li>□ Vegetable blend</li> <li>□ Yogurt</li> <li>□ 1% milk</li> </ul> 
<p><b>6</b></p> <ul style="list-style-type: none"> <li>□ Pork loin w/gravy</li> <li>□ Rice pilaf</li> <li>□ Corn</li> <li>□ Dinner roll w/ margarine</li> <li>□ Diced pears</li> <li>□ 1% milk</li> </ul> 	<p><b>7</b></p> <ul style="list-style-type: none"> <li>□ Ham mac &amp; cheese</li> <li>□ Normandy blend vegetables</li> <li>□ Cherry cobbler</li> <li>□ 1% milk</li> </ul> 	<p><b>8</b></p> <ul style="list-style-type: none"> <li>□ Breaded chicken patty w/green chile white gravy</li> <li>□ Sweet potato</li> <li>□ Green beans</li> <li>□ Red apple</li> <li>□ 1% milk</li> </ul> 	<p><b>9</b></p> <ul style="list-style-type: none"> <li>□ Pot roast, potato, celery, carrots</li> <li>□ Italian blend</li> <li>□ vegetables Ancient grain</li> <li>□ Orange</li> <li>□ 1% milk</li> </ul> 	<p><b>10</b></p> <p><b>CLOSED</b></p> 
<p><b>13</b></p> <ul style="list-style-type: none"> <li>□ Steak fingers w/white gravy</li> <li>□ Red potatoes</li> <li>□ Succotash</li> <li>□ Sugar cookie</li> <li>□ 1% milk</li> </ul> 	<p><b>14</b></p> <ul style="list-style-type: none"> <li>□ Ham w/ pineapple glaze</li> <li>□ Biscuit w/ margarine</li> <li>□ Sweet potato</li> <li>□ Mixed fruit</li> <li>□ 1% milk</li> </ul> 	<p><b>15</b></p> <ul style="list-style-type: none"> <li>□ Meatball sub sandwich w/ mozzarella</li> <li>□ Steak fries w/ ketchup</li> <li>□ Normandy blend</li> <li>□ Mandarin oranges</li> <li>□ 1% milk</li> </ul> 	<p><b>16</b></p> <ul style="list-style-type: none"> <li>□ Omelet w/ mushrooms &amp; spinach</li> <li>□ Hash browns</li> <li>□ Stewed tomatoes</li> <li>□ yogurt</li> <li>□ 1% milk</li> </ul> 	<p><b>17</b></p> <ul style="list-style-type: none"> <li>□ Green chile chicken en- chilas</li> <li>□ Pinto beans</li> <li>□ Spanish rice</li> <li>□ Vanilla pudding</li> <li>□ 1% milk</li> </ul> 
<p><b>20</b></p> <ul style="list-style-type: none"> <li>□ Cajun salmon</li> <li>□ Fettuccine alfredo</li> <li>□ Baby carrots</li> <li>□ Granny smith apple</li> <li>□ 1% milk</li> </ul> 	<p><b>21</b></p> <ul style="list-style-type: none"> <li>□ Beef w/peppers &amp; onions</li> <li>□ Black beans</li> <li>□ Imperial blend</li> <li>□ vegetables Banana</li> <li>□ 1% milk</li> </ul> 	<p><b>22</b></p> <ul style="list-style-type: none"> <li>□ Herb roasted turkey w/ gravy</li> <li>□ Stuffing w/ gravy</li> <li>□ Green bean casserole</li> <li>□ Dinner roll</li> <li>□ Pumpkin cake</li> <li>□ 1% milk</li> </ul> 	<p><b>23</b> <b>CLOSED</b></p> <p><b>24</b> <b>CLOSED</b></p> 	
<p><b>27</b></p> <ul style="list-style-type: none"> <li>□ Rotisserie chicken</li> <li>□ Rosemary potatoes</li> <li>□ Corn w/ red peppers</li> <li>□ Dinner roll w/ margarine</li> <li>□ Grapes</li> <li>□ 1% milk</li> </ul> 	<p><b>28</b></p> <ul style="list-style-type: none"> <li>□ Carne adovada/red chile Flour tortilla</li> <li>□ Pinto beans</li> <li>□ Spanish rice</li> <li>□ Pineapple</li> <li>□ 1% milk</li> </ul> 	<p><b>29</b></p> <ul style="list-style-type: none"> <li>□ Beef tip w/elbow macaroni</li> <li>□ Roasted carrots</li> <li>□ Sliced beets</li> <li>□ Vanilla pudding</li> <li>□ 1% milk</li> </ul> 	<p><b>30</b></p> <ul style="list-style-type: none"> <li>□ Pasta primavera w/ alfredo sauce</li> <li>□ Northwest blend vegetables</li> <li>□ Breadstick</li> <li>□ Peaches</li> <li>□ 1% milk</li> </ul> 	<p><b>1</b></p> <ul style="list-style-type: none"> <li>□ Breaded cod fish w/ tartar sauce</li> <li>□ Steamed red potatoes Peas</li> <li>□ Orange</li> <li>□ 1% milk</li> </ul> 