

RSVP Voluntimes

June 2023

Message from your RSVP Team

Hello all and happy beginning to the month of June!

May was a very busy month for the RSVP office as we dove right into our peak volunteer season.

We are busy updating all of our new volunteer opportunities with some exciting new stations and special volunteer projects to come in June. The 2023 Senior Affairs Quick Guides will also be available at all of the senior and multigenerational centers in the coming weeks so be on the lookout.

Our team is busy planning special events for the remainder of 2023. First, the annual RSVP Volunteer Appreciation Breakfast will be held at the Embassy Suites on Friday, August 4, 2023. We plan on mailing formal invitations to the event at the end of the month. Please note that each invited guest will be allowed to bring one guest with them to the breakfast. Our team will collect that information when you call in your reservation.

Also, our pinning ceremonies will also be returning at the end of the year, and we will send you updates as they become available, we will be pinning and awarding for the 2022 year as well the 2023 year. Those being recognized will be receiving advanced notice of the venue and awards being presented. More information to come in the coming months!

The RSVP Advisory Council will be offering the opportunity for RSVP volunteer projects to apply for a grant to fund their community projects. The grant flier is located on page seven of this newsletter so please check it out if you are interested. Full details regarding how to apply for the grant will be available in the coming weeks.

Again, we want to say thank you to all of our volunteers for all of your hard work and the RSVP staff appreciates your continued efforts have a great month of June and we will see you all again soon!

Cristina & Isaiah

Inside this Issue

- Updates & Events pg. 2
- Station Spotlight pg. 3
- Birthdays pg. 4
- Volunteer Opportunities pg. 5
- State of the City pg. 6
- RSVP Advisory Council pg. 7
- Menu pg. 8

DSA Administration



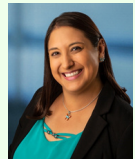
Anna Sanchez, Director

Chris Sanchez
Deputy Director

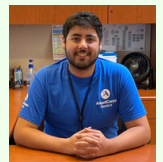
Nikki Peone
Associate Director

Natasha Montoya
Community Volunteer
Engagement Manager

RSVP Staff



Cristina Romero-Baca
RSVP Supervisor



Isaiah Valenzuela
RSVP Office Assistant

RSVP Office

714 Seventh Street SW
Albuquerque, NM 87102
505-767-5225

Important Dates

Monday June 5th: ABO Senior Pride Social Night starting at
Saturday June 10th: Women's Veteran Conference at CNM from 8am to 3:30pm
Tuesday June 13th: New Volunteer Orientation at Barelvas Senior Center 10am
Monday June 19th: RSVP office closed in observation of Juneteenth
Tuesday July 4th: RSVP offices will be closed in observation of Independence Holiday

Mileage Reimbursement

We've received a few questions regarding the mileage reimbursement policy. The mileage reimbursement policy is one round trip per day from your residence to your volunteer station returning home with a maximum of \$25.00 per month. To obtain a copy of this policy contact the RSVP office.

New Volunteer Orientation

If you are new to the program or need a refresher on how to enter your hours into the Web Assistant, training sessions are held on the second Tuesday of each month at the Barelvas Senior Center – RSVP office. To register contact the RSVP office at (505) 767-5225.

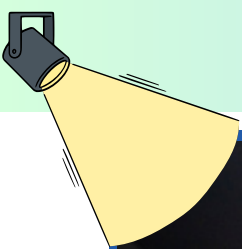
Volunteer Hours

As of January 30, 2023, The Retired Senior Volunteer Program (RSVP) will no longer accept Volunteer Time Tracking Sheets or Paper Time Sheets. Volunteers are required to submit all volunteer hours via the RSVP Web Assistant.

It is the policy of the RSVP that every volunteer enters their volunteer hours utilizing the RSVP Web Assistant. We highly recommend submitting hours on a daily basis. Volunteers can access the Web Assistant by going to www.cabq.gov/rsvp. Hours must be entered within 14 days from the day you volunteer. After the 14th day volunteers will not be able to submit hours via the Web Assistant.

Catholic Charities

Volunteers are essential in bringing about positive change. Catholic Charities relies on the support of volunteers in various capacities, such as driving local seniors to essential appointments, helping at our monthly food pantry, participating in summer camps for refugee families, providing office support for our programs, aiding at the in-kind donation center, contributing to fundraising efforts, and assisting with event planning committees, among other opportunities. We are committed to accommodating your availability and interests. At Catholic Charities we serve and welcome those of all beliefs and backgrounds. Learn more about our many programs and offerings at www.ccasfnm.org and/or contact Linda Seabrooks, our volunteer program coordinator at 505.724.4634 or SeabrooksL@ccasfnm.org.



CATHOLIC CHARITIES

VOLUNTEER DRIVERS NEEDED

We are currently seeking volunteer drivers who can assist seniors (60+), who are mobile, with transportation to medical appointments, light grocery shopping, and government offices.

DRIVERS:

- **Set your own schedule!**
- **Choose your driving area!**
- **Gas cards available!**
- **Volunteers needed in other roles as well!**

LEARN MORE:



505.724.4634
Linda Seabrooks



SeabrooksL@ccasfnm.org

www.ccasfnm.org/community-involvement



June Birthdays

6/1 - Shannon Jones
6/1 - Julane Poling
6/1 - Judith Sanders
6/2 - Katie Kane
6/2 - Stephen Nowaczek
6/2 - Thomas Turbett
6/3 - Brian Shields
6/4 - Yolanda Brees
6/4 - Bob Wilson
6/5 - Francis Castillo
6/5 - Lesley Schaffer-Scholz
6/7 - Kevin Reynolds
6/7 - Rosella Trujillo
6/8 - Barbara Du Lin
6/9 - Cynthia Noleszenki
6/9 - Edwina Waddington

6/10 - Theodore Hensley
6/10 - Leslie Herman
6/11 - Judith Janiak
6/11 - Lou Renne Stanesic
6/13 - Steven Anderson
6/13 - Gilda Latzky
6/13 - Michelle Worm
6/14 - Calvin Harris
6/14 - Nancy Levitt
6/14 - Pearl Monsanto
6/14 - Celian Muniz
6/14 - Juanita Rohde
6/15 - Coleen Kelly
6/15 - Olivia Rivera
6/17 - Ronna Hammetter
6/17 - Edward Vigil

6/19 - Christine Korbin
6/21 - Vivian Maheu
6/22 - Grace Daniel
6/23 - Alyce Bixter
6/23 - Dean Campbell
6/23 - Dorothy Garcia
6/23 - David Wesley
6/24 - Raymond Upson
6/26 - Beatrice Romero
6/27 - Michelle Bianchi
6/27 - Sylvia Kimmell
6/29 - Jeffery Allen
6/30 - James Berdine
6/30 - Michael Eakins



Volunteer Appreciation Breakfast



Volunteer Opportunities

Special Projects

RSVP Office

RSVP is looking for two volunteers to assist in making outreach phone calls to other volunteers. If you are interested, please call (505) 767-5225.

DSA Kitchens

The DSA Nutrition Division is looking for volunteers to assist in the center kitchens. If you are interested, please contact the RSVP office.

Information & Assistance

DSA I&A is looking for volunteers to assist with providing senior resource materials at local outreach events. If you are interested, please contact the RSVP office at (505) 767-5225.

Ombudsman Program

The State of New Mexico's Long-Term and Aging Department is looking for volunteers to serve in the Ombudsman Program. If you are interested, please contact the RSVP office.

RSVP Volunteer Stations

Adelante Development Center
AFME Foundation - AFMX
Alameda Satellite Site
Albuquerque Bio Park Education
Albuquerque Little Theater
Albuquerque Police Department
Albuquerque Reads
Alzheimers Association
Anderson/Abruzzo International
Balloon Museum
Animal Welfare Department
Aviation Department
Barelas Senior Center
Bear Canyon Senior Center
Catholic Charities
Cesar Chavez Comm. Ctr.
Dress for Success
DSA Advisory Council

Ed Romero Terrace Meal Site
Embudo Towers Meal Site
Encino Garden Meal Site
Encino Terrace Meal Site
Every Ability Plays Project
Highland Senior Center
Hospice De La Luz
Indian Pueblo Cultural Center
DSA Information & Assistance
Joy Junction
Keshet Dance Comapny/Center
for the Arts
La Amistad Mealsite
Long-Term Care Ombudsman
Los Duranes Senior Satellite
Los Volcanes Fitness Center
Los Volcanes Senior Center
Lovelace Women's Hospital
Manzano Mesa Multigenerational
Center
Manzano Mesa Sports and Fitness
Maxwell Mus. of Anthropology
Meals on Wheels
Musical Theatre Southwest
Nat. Hispanic Cultural Center
New Mexico Kids Matter
New Mexico Ramp Project
New Mexico Veterans Memorial
NM Museum of Nat. Hist. and
Science
NM Commission for the Blind
North Domingo Baca M.C.
North Domingo Baca Sports and
Fitness
North Valley Senior Center
Open Space Visitor Center
Outpost Performance Space
Palo Duro Senior Center
Palo Duro Sports & Fitness Center
Paradise Hills West Annex
Popejoy Hall
Presbyterian Hospital HealthPlex

Presbyterian Kaseman
Presbyterian Northside
ProMedica Hospice
Read to Me Albuquerque Network
Rio Bravo Satellite Site
Roadrunner Food Bank
Ronald McDonald House Charities
Shalom House Mealsite
Son Broadcasting Network
South Valley Multi-Purpose Ctr.
Mealsite
Storehouse
Taylor Ranch Community Center
Tender Love Community Center
Tijeras Senior Center
Department of Senior Affairs
Transit
University Hospital
VA Center for Development and
Civic Eng
Visit Albuquerque
Western Sky Community Care
Westgate Community Center
Whispering Pines Satellite
Wings For LIFE International

**To sign up for RSVP volunteer opportunities call the RSVP office at 505-767-5225.

State of the City Address

This year's state of the city address was held in May and all 3 of our AmeriCorp Seniors programs were there recruiting new volunteers, stations, creating relationship with our community partners and making post cards for our seniors. We had a lot of fun getting out there with our peers and different city departments to really celebrate and acknowledge some of the really positive things that are happening around Albuquerque and to also address some of the city's important underlying issues that challenge everyday people. To start off and highlight some of the key point and topics that Mayor Keller spoke about during the event, one of our volunteers and Advisory Council members had a special spotlight that showcased Mr. Thomas Lujan in an interview that showcased his amazing personality and his continued work ethic towards our community of Albuquerque. During the duration of the event the Senior Affairs booth was able to decorate over 113 cards that we are going to mail out to our homebound seniors. A big thank you to the Volunteerism Team on their hard work every single day.





Advisory Council Members

President
Amy Fisher

Treasurer
Marlene Sena

Dorothy Garcia

Andrea Garcia-
Lansford

Greg Hallstrom

Sonya Hartwell

Tony Johnson

Tomas Lujan

Millie Martinez

Marie Morra

Michele Watkins

Judy Spear

Elayne Villa

RSVP ADVISORY COUNCIL GRANT

Is your project supporting a great community cause?

The RSVP Advisory Council encourages you to apply for a grant to fund your community project.

The grant enables RSVP volunteers to enhance their community projects and make a greater impact in Bernalillo County!

Eligible grantees must:























- Be an active RSVP volunteer station
- Be coordinated and operated by and RSVP volunteer
- Have all volunteer workers registered as RSVP volunteers

Details on how to apply for the grant will be released soon via the RSVP website at www.cabq.gov/rsvp.



The Department of Senior Affairs Senior Meal Program is proud to be part of the New Mexico Grown state initiative to provide locally sourced fruits, vegetables, beans, and chile, ensuring our seniors a healthy meal.



Monday	Tuesday	Wednesday	Thursday	Friday
<p>29</p> <p>CLOSED</p>	<p>Baked Potato Broccoli/ Cheese/Sour Cream Fajita Blend Vegetables Garlic Mushrooms Granola Bar 1% Milk</p> 	<p>Soft Tacos-Beef/ Cheese Pinto Beans/Green Chile/Onion Warm Sliced Apples Lettuce/Tomatoes Flour Tortilla/Salsa 1% Milk</p> 	<p>30 31 1</p> <p>Cheese Omelet Hash Browns Spinach Pineapple 1% Milk</p> 	<p>2</p> <p>Greek Pasta Salad: Diced Ham Creamy Cucumber/ Red Onion Salad Wheat Crackers Strawberries 1% Milk</p> 
<p>5</p> <p>Salisbury Steak Scalloped Potatoes Green Beans Orange 1% Milk</p> 	<p>6</p> <p>BBQ Chicken Sandwich Roasted Potatoes Cherry Cobbler Hamburger Bun 1% Milk</p> 	<p>7</p> <p>Spinach Lasagna Italian Blend Breadstick Pineapple 1% Milk</p> 	<p>8</p> <p>Tilapia w/Garlic Sauce Ancient Grains Carrots Peaches 1% Milk</p> 	<p>9</p> <p>Green Chile Stew: Diced Pork Pinto Beans Baked Apples 1% Milk</p> 
<p>12</p> <p>Beef Tips/Gravy/ Bowtie Pasta Green Beans Peach Cobbler 1% Milk</p> 	<p>13</p> <p>Baked Chicken Thigh Collard Greens Brown Rice Yogurt Dinner Roll /Margarine 1% Milk</p> 	<p>*Cold Meal* 14</p> <p>Tuna Salad Romaine Spinach Red Onion Salad Croissant/Dressing Grapes 1% Milk</p> 	<p>15</p> <p>Beef Fajita Pinto Beans Flour Tortilla Baked Apples 1% Milk</p> 	<p>16</p> <p>Pork Roast w/Creamy Onion Gravy Steamed Broccoli Mashed Sweet Potatoes Dinner Roll/Margarine Pears 1% Milk</p> 
<p>19</p> <p>CLOSED In Observance of Juneteenth</p>	<p>20</p> <p>Cajun Chicken & Sausage Jambalaya Okra Cornbread Peaches 1% Milk</p> 	<p>21</p> <p>Baked Garlic Lemon Pepper Salmon Ancient Grain Carrot Cantaloupe 1% Milk</p> 	<p>22</p> <p>Pasta Primavera Steamed Broccoli Breadstick Vanilla Pudding 1% Milk</p> 	<p>23</p> <p>Carne Adovada Pinto Beans Spanish Rice Jell-O Flour Tortilla 1% Milk</p> 
<p>26</p> <p>Baked Pork Chop w/ Gravy Mashed Sweet Potatoes Broccoli/Cauliflower Yogurt Dinner Roll w/ margarine 1% Milk</p> 	<p>Meatballs w/Marinara Roasted Potatoes Seasonal Vegetable Seasonal Fruit Whole Grain Hoagie Roll 1% Milk</p> 	<p>27 *Cold Meal* 28</p> <p>Turkey Salad Carrot Raisin Salad Wheat Crackers Pineapple 1% Milk</p> 	<p>29</p> <p>Garlic Tilapia Roasted Potatoes Collard Greens Dinner Roll w/ margarine Strawberries 1% Milk</p> 	<p>30</p> <p>Baked Cheese Ziti Steamed Green Beans and Mushrooms Garlic Breadstick Orange 1% Milk</p> 