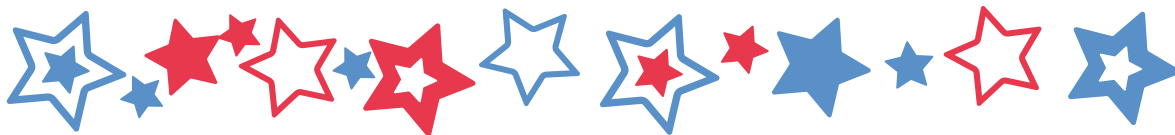


## July 2024



The summer is in full swing and our team is working hard to plan activities and events for the new fiscal year.

The RSVP Advisory Council members and staff are hard at work planning the 2024 RSVP Volunteer Appreciation Breakfast. The event will be held at the Embassy Suites on Friday, September 27, 2024. Keep an eye out for the Save the Dates which will be mailed out later this month. Please note that due to the enrollment of several new volunteers into the program, we will not be allowing volunteers to bring guests with them to the event. We look forward to celebrating another year of service with all of you!

As some of you may know, our Volunteer Coordinator Isaiah Valenzuela attended the City of Albuquerque's Pre-Management Development Program this past year. We are proud to announce that he has graduated from the program this past month. Please join me in congratulating Isaiah on his accomplishment!

I also would like to send a shout out to RSVP Office Assistant Mailiya Williams for holding down the fort while Isaiah attended PMDP. Mailiya did and continues to do a fabulous job!

Just a quick reminder that the RSVP office will be closed on Tuesday, July 4th for the Independence Day holiday.

The RSVP team would like to wish you a very happy and safe Independence Day!

Until we see you again, stay safe and be well.  
Cristina

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### DSA Administration



**Anna Sanchez, Director**

**Marina Salazar**  
Deputy Director

**Nikki Peone**  
Associate Director

### RSVP Staff

**Cristina Romero-Baca**  
RSVP Supervisor

**Isaiah Valenzuela**  
RSVP Volunteer Coordinator

**Mailiya Williams**  
RSVP Office Assistant

### RSVP Office

714 7th Street SW  
Albuquerque, NM 87102  
505-767-5225

### Office Hours

Monday -Friday 8:00  
a.m.-5:00 p.m.

# Updates & Reminders

## Important Dates

- 7/1: National Hot Dog Month
- 7/4: CLOSED for Independence Day
- 7/20: Route 66 Summerfest in  
Nob Hill 5-10pm
- 7/25: Christmas in July Craft Fair @  
Barelas Senior Center 8-11am



## Volunteer Badge Policy

It is standard operating procedure of the Department of Senior Affairs that all volunteers shall wear a DSA approved identification badge while on City of Albuquerque Property. ID badges must be worn on the outer most layer of clothing above the waist at all times while volunteering.

## Mileage Reimbursement

We've received a few questions regarding the mileage reimbursement policy. The mileage reimbursement policy is one round trip per day from your residence to your volunteer station returning home with a maximum of \$25.00 per month.

## New Volunteer Orientation

If you are new to the program or need a refresher on how to enter your hours into the Web Assistant, training sessions are held on the second Tuesday of each month at the Barelas Senior Center – RSVP office. To register contact the RSVP office at (505) 767-5225.

SAVE THE DATE

RETIRED & SENIOR VOLUNTEER PROGRAM'S



Appreciation Breakfast



SEPTEMBER 27, 2024

9:00am - 11:00am

Embassy Suites  
1000 Woodward PI NE

FORMAL INVITATION TO FOLLOW

## Advisory Council Members

### President

Amy Fisher

### Vice President

Sonyia Hartwell

### Secretary

Andrea Garcia-Lansford

### Treasurer

Marlene Sena

Judy Spear

Greg Hallstrom

Tomas Lujan

Millie Martinez

Marie Morra

Dorothy Garcia

Michele Watkins

Nick Manole

Bob Martinez

Julie McCullough



## Santa Barbara Martineztown Multigenerational Center 1825 Edith NE 87102

If you haven't heard, the City of Albuquerque's newest multigenerational center opened last month. This new center will offer various classes, activities, and events for the Albuquerque community to utilize.

With the opening of this new facility, we are excited to announce even more volunteer opportunities!

If you are interested in volunteering as an instructor, teacher, or just helping out with various center operations please give us a call at **(505)767-5225**.

# Celebrations

## July Birthdays

2nd Glenn Karns

14th Terri Elisberg

26th Patricia C. Chavez

4th Patricia A. Fox

15th Bill Alcaraz  
Charlotte O'Connor

27th Judy A. Love

6th Joann Gonzales  
Charlotte Gwynn

18th Terry Barrett

28th Joseph Beman  
Beth Ciccone

9th Lorraine V. Baca  
Eric Rajala

Bryan Crawford  
19th Beatrice Encinias  
Maria E. Lucero

29th Joseph Anthony Marino

10th Pete McCrea  
Sophia Nomanim

20th Richard Swanson



11th Annette M. Gorenz  
Susan Jennings-Schwinn

23rd Pauline Faubion  
Eileen L. Gonzales

13th Paul Cantieri

24th Dolores L. Trull

## Palo Duro Senior Center Turns 50!

Wednesday, August 14th  
4pm - 7pm

Join Palo Duro Senior Center for their  
Golden Jubilee Celebration!



## Freedom 4th

### @ Balloon Fiesta Park

Thursday, July 4th  
Gates open at 3pm

Join the City of Albuquerque at a FREE event to  
celebrate our country's Independence Day with  
the brightest firework show in the state following  
a concert with local bands and national headliner  
Michael Ray!

## Summertime in Old Town

Every weekend in July

Fri. & Sat.: 7pm - 9pm | Sun.: 1pm - 3 pm

Enjoy beautiful plazas, great food,  
unique local shops, & FREE  
entertainment every weekend in July!

# Opportunities

## Volunteer Stations

Albuquerque Bio Park Education  
Albuquerque Little Theater  
Albuquerque Museum  
Albuquerque Police Department  
Albuquerque Reads  
Alzheimers Association  
Anderson/Abruzzo International  
Balloon Museum  
Animal Welfare Department  
Aviation Department  
Barelas Senior Center  
Bear Canyon Senior Center  
BernCo Senior & Social Services  
Department  
Catholic Charities  
City of Albuquerque Open Space  
DSA Advisory Council  
DSA Case Management  
DSA Home Services  
DSA Information & Assistance  
DSA Nutrition  
DSA Satellite Meal Sites  
DSA Sports & Fitness  
DSA Transportation

DSA Volunteers in Action  
Every Ability Plays Project  
Explora Science Center  
Friends of Valle de Oro  
Highland Senior Center  
Hospice De La Luz  
Indian Pueblo Cultural Center  
Joy Junction  
Los Volcanes Senior Center  
Lovelace Women's Hospital  
Manzano Mesa Multigenerational  
Center  
Maxwell Mus. of Anthropology  
Meals on Wheels  
Musical Theatre Southwest  
Nat. Hispanic Cultural Center  
New Mexico Kids Matter  
New Mexico Ramp Project  
New Mexico Veterans Memorial  
NM Museum of Nat. Hist. and  
Science  
NM Aging & Long-Term Services  
NM Commission for the Blind

NM Long-Term Care Ombudsman  
North Domingo Baca M.C.  
North Valley Senior Center  
Palo Duro Senior Center  
Popejoy Hall  
Presbyterian Healthcare Services  
Presbyterian Northside  
ProMedica Hospice  
Read to Me Albuquerque Network  
Roadrunner Food Bank  
Ronald McDonald House Charities  
RSVP  
RSVP Advisory Council  
Storehouse  
Tender Love Community Center  
University Hospital  
VA Center for Development and  
Civic Eng  
Visit Albuquerque  
Western Sky Community Care  
Wings For LIFE International

## Special Projects

### RSVP Office

We are looking for volunteers interested in helping out in the RSVP offices to scan and organize documents.

























### 9/11 day of service

This September, RSVP will be supporting local firefighters at the 9/11 Firefighter Memorial Stairclimb.

We are looking for interested volunteers to hand out water and snacks to the participants.

As part of the New Mexico Grown state initiative, every Thursday, the Department of Senior Affairs will feature a vegetarian meal that incorporates locally sourced fruits, vegetables, beans, or chile into the menu.



Monday	Tuesday	Wednesday	Thursday	Friday
1 ♦ Lemon pepper chicken w/ brown rice ♦ Diced beets ♦ Roasted Brussel sprouts ♦ Chocolate pudding ♦ 1% milk 	2 ♦ Meatballs w/ marinara and cheese ♦ Whole grain hoagie roll ♦ Diced potatoes ♦ Broccoli ♦ Banana  ♦ 1% milk	3 ♦ Garlic tilapia ♦ Red, white, & blue posole ♦ Calabacitas ♦ Yogurt ♦ 1% milk 	4 	5 ♦ Egg salad on whole grain bread ♦ Lettuce ♦ Carrot sticks ♦ Cantaloupe ♦ 1% milk 
8 ♦ Pork chop w/brown rice ♦ Rosemary potatoes w/ margarine ♦ Corn ♦ Pears ♦ 1% milk 	9 ♦ Green chile stew ♦ Pinto beans ♦ Flour tortilla ♦ Baked apples ♦ 1% milk 	10 ♦ Breaded cod w/tartar sauce ♦ Buttered noodles ♦ Green beans ♦ Oranges ♦ 1% milk 	11 ♦ Pasta primavera ♦ Sauteed spinach w/ onions ♦ Breadstick ♦ Yogurt ♦ 1% milk 	12 ♦ Chicken parmesan ♦ Zucchini w/butter ♦ Steamed carrots ♦ Jell-O ♦ 1% milk 
15 ♦ Carne adovada ♦ Spinach ♦ Pinto beans ♦ Flour tortilla ♦ Grapes ♦ 1% milk 	16 ♦ Sweet & Sour chicken w/stir fry vegetables ♦ Broccoli ♦ Brown rice ♦ Fortune cookie  ♦ 1% milk	17 ♦ Salisbury steak w/ mushroom gravy ♦ Mashed potatoes ♦ Whole grain dinner roll w/margarine ♦ Peach cobbler  ♦ 1% milk	18 ♦ Cheese omelet w/ fajita blend ♦ Stewed tomatoes ♦ Roasted potatoes ♦ Mandarin oranges ♦ 1% milk 	19 ♦ BBQ pulled pork ♦ Roasted sweet potato ♦ Green beans ♦ Whole grain dinner roll w/margarine ♦ Apples ♦ 1% milk 
22 ♦ Spaghetti w/meat sauce ♦ Imperial blend vegetables ♦ Broccoli ♦ Pears ♦ 1% milk 	23 ♦ Baked salmon w/ lemon and garlic ♦ Ancient grain rice ♦ Green beans w/ mushrooms ♦ Grapes  ♦ 1% milk	24 ♦ Red chile tamales ♦ Calabacitas ♦ Pinto beans ♦ Banana ♦ 1% milk 	25 ♦ Mac & cheese w/ green chile ♦ Broccoli ♦ Beets ♦ Yogurt ♦ 1% milk 	26 ♦ Chicken salad sandwich on whole grain bread ♦ Sliced cucumber & carrot sticks ♦ Cole slaw  ♦ Honeydew ♦ 1% milk
29 ♦ Philly cheesesteak ♦ Steamed carrots ♦ Whole grain hoagie ♦ Warm cinnamon apples ♦ 1% milk 	30 ♦ Green chile chicken enchilada ♦ Pinto beans ♦ Calabacitas ♦ Mandarin Oranges ♦ 1% milk 	31 ♦ Meatloaf w/tomato gravy ♦ Garlic roasted potatoes ♦ Succotash ♦ Whole grain dinner roll ♦ Fresh seasonal fruit ♦ 1% milk 	1 ♦ Spaghetti w/ marinara sauce ♦ Broccoli w/red peppers ♦ Roasted vegetables ♦ Garlic breadstick ♦ Yogurt  ♦ 1% milk	2 ♦ Salmon w/pineapple over brown rice pilaf ♦ Brussel sprouts ♦ Diced beets ♦ Honeydew melon ♦ 1% milk 