

Happy National Volunteer Month!

We hope you all had a great month of March! We are looking forward to this month as we have several upcoming opportunities for you to get involved in. Our annual spring beautification project is just around the corner where we'll be working to beautify two of our senior centers as well as having local litter clean up days around a few senior centers.

RSVP has a few outreach event opportunities coming up so please email our team, especially if you haven't volunteered in a while, & sign up for an event to keep making a difference in the Albuquerque community!

Here at the office, we are also updating all of our volunteer's profiles to make sure everyone has up to date information including driver's licenses, vehicle insurance, addresses, etc.

If you receive mileage reimbursement and haven't submitted an updated vehicle insurance lately, please do so! Starting this month, we will not be sending reimbursement checks to volunteers that haven't updated their information.

Stay Safe & Be Well,  
RSVP

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### DSA Administration



**Anna Sanchez, Director**

**Marina Salazar**  
Deputy Director

**Nikki Peone**  
Associate Director

**Cristina Romero-Baca**  
Community Volunteer  
Engagement Manager

### RSVP Staff

**Vacant**  
RSVP Supervisor

**Isaiah Valenzuela**  
RSVP Volunteer Coordinator

**Mailiya Williams**  
RSVP Office Assistant

### RSVP Office

714 7th Street SW  
Albuquerque, NM 87102  
505-767-5225

### Office Hours

Monday -Friday 8:00  
a.m.-5:00 p.m.

# Updates & Reminders

## Important Dates

4/1: National Volunteer Month

4/1: April Fools' Day

4/12: Palm Sunday

4/13: Passover Begins

4/15: Tax Day

4/20: Easter

4/20: Passover Ends



## **Congratulations Marie Morra!**

RSVP Advisory Council member, Marie Morra, has been honored as the March Volunteer of the Month by U.S. Eagle Credit Union for her exceptional work on behalf of Albuquerque seniors. As a marketing executive for New Mexico Rail Runner Express, Marie implemented a senior travel program to the Santa Fe Veteran's Cemetery that has gained national acclaim. Marie is a dedicated RSVP volunteer, and we are so excited to see what else she brings to our community!

## Volunteer Badge Policy

It is standard operating procedure of the Department of Senior Affairs that all volunteers shall wear a DSA approved identification badge while on City of Albuquerque Property. ID badges must be worn on the outer most layer of clothing above the waist at all times while volunteering.

## Mileage Reimbursement

We've received a few questions regarding the mileage reimbursement policy. The mileage reimbursement policy is one round trip per day from your residence to your volunteer station returning home with a maximum of \$25.00 per month.

## New Volunteer Orientation

If you are new to the program or need a refresher on how to enter your hours into the Web Assistant, training sessions are held on the second Tuesday of each month at the Barelas Senior Center – RSVP office. To register contact the RSVP office at (505) 767-5225.

## **Advisory Council Members**

### President

Sonya Hartwell

### Vice President

Dorothy Garcia

### Secretary

Andrea Garcia-Lansford

### Treasurer

Bob Martinez

Judy Spear

Millie Martinez

Tomas Lujan

Amy Fisher

Marie Morra

Nick Manole

Michele Watkins

Julie McCullough

Marlene Sena

Misti Melendez

Greg Hallstrom

# Spotlight

## ATTENTION ALL RSVP VOLUNTEERS

The RSVP staff is reviewing all volunteer files to ensure that the program complies with President Trump's Executive Orders and the AmeriCorps Seniors guidelines.

Below is a list of a few required items that the RSVP staff may be requesting from you:

- a current copy of a driver's license or government-issued ID.
- A copy of current vehicle insurance.
- Current COP request forms
- Current mailing address

Please note that **volunteers who receive mileage reimbursements** must have a current copy of their driver's license **and** proof of insurance before reimbursement can be made.

Throughout the year, the RSVP staff will mail a reminder letter to all volunteers who need to submit updated documents.

Your cooperation is greatly appreciated in keeping RSVP in compliance with our grant requirements.

**Please feel free to call the RSVP office if you have any questions.**

# Celebrations

## April Birthdays

1st Janet Mecca  
Pamela Stern

2nd Theresa Gonzales  
Elizabeth Montoya

4th Louise Kimbrough

6th Alfonso Sais

7th Roland Kee Jr.  
Richard Trizulny

8th Aurelia Lucero

10th William Gray

11th Julia Martinez

12th Rosemary Aabre  
Rose Lilliquist

13th Janis Glass  
Nettie Hunter  
Jo Anna Tahyi

14th Paul Oostenbrug

15th Victoria Uvina

20th Corrinne  
Crawford  
John Martin  
Lynnette Gauna  
Penny Winter

24th Bernadette  
Casaus

25th Laverne Lucero  
Julie McCullough  
Michele Watkins

26th Patsy Campbell

28th Paul Perez

29th Marti Kessler



**50+** SENIOR  
**TECH**  
**CONNECT**

**SAVE THE DATE!**  
**APRIL 11, 2025**

NORTH DOMINGO BACA  
MULTIGENERATIONAL CENTER

**ONE**  
**ALBUQUE** senior affairs  
**RQUE**

**diverseIT.**

**Free Ride!**

*Santa Fe  
National Cemetery*



**Sign Up at  
Front Desk**

April 9, 2025 | May 14, 2025 | June 11, 2025



TAYLOR RANCH WITH THE DEPARTMENT  
OF SENIOR AFFAIRS PRESENTS



VIVA LAS  
VEGAS

# SENIOR PROM

**April 25, 2025**

9:30 A.M. TO 1:30 P.M.

Taylor Ranch Community Center  
4900 Kachina St NW 87120



**MUSIC BY THE  
TONE DADDIES**

Limited Spaces Please RSVP to your  
Coordinator or call by April 16 Any  
questions please call 505-764-6474



**ONE  
ALBUQUE  
RQUE**

# Opportunities

## Volunteer Stations

Albuquerque Bio Park Education  
Albuquerque Little Theater  
Albuquerque Museum  
Albuquerque Police Department  
Albuquerque Reads  
Anderson/Abruzzo International  
Balloon Museum  
Animal Welfare Department  
Aviation Department  
Barelas Senior Center  
Bear Canyon Senior Center  
BernCo Senior & Social Services  
Department  
Catholic Charities  
City of Albuquerque Open Space  
Compassus  
DSA Advisory Council  
DSA Case Management  
DSA Home Services  
DSA Information & Assistance  
DSA Nutrition  
DSA Satellite Meal Sites

DSA Sports & Fitness  
DSA Transportation  
DSA Volunteers in Action  
Explora Science Center  
Friends of Valle de Oro  
Highland Senior Center  
Hospice De La Luz  
Indian Pueblo Cultural Center  
Los Volcanes Senior Center  
Lovelace Women's Hospital  
Manzano Mesa Multigenerational  
Center  
Maxwell Mus. of Anthropology  
Meals on Wheels  
Musical Theatre Southwest  
Nat. Hispanic Cultural Center  
New Mexico Kids Matter  
New Mexico Ramp Project  
New Mexico Veterans Memorial  
NM Museum of Nat. Hist. and  
Science

NM Aging & Long-Term Services  
NM Commission for the Blind  
NM Long-Term Care Ombudsman  
North Domingo Baca M.C.  
North Valley Senior Center  
Palo Duro Senior Center  
Popejoy Hall  
Presbyterian Healthcare Services  
Presbyterian Northside  
ProMedica Hospice  
Read to Me Albuquerque Network  
Roadrunner Food Bank  
Ronald McDonald House Charities  
RSVP  
RSVP Advisory Council  
Santa Barbara Martineztown M.C.  
Storehouse  
University Hospital  
VA Center for Development and  
Civic Engagement  
Visit Albuquerque

## Special Projects

### Palo Duro Senior Center

Calling all bingo enthusiasts!  
Palo Duro is in need of 1 or 2  
volunteers that would be  
available on Tuesdays for bingo  
calling and cash handling.

### Tech Fair

RSVP is in need of a volunteer to  
assist with an outreach table at  
the upcoming Tech Fair at  
Manzano Mesa Multigenerational  
Center on April 11, 2025.

### Manzano Mesa Multigenerational Center

Manzano Mesa is looking for a tech savvy volunteer to help read online  
chats and respond to instructors through Zoom on the 2nd, 3rd, & 4th  
Thursdays of every month.

As part of the New Mexico Grown state initiative, every Thursday, the Department of Senior Affairs will feature a vegetarian meal that incorporates locally sourced fruits, vegetables, beans, or chile into the menu.



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>31</p> <ul style="list-style-type: none"> <li>♦ Chicken Tamales 2ea</li> <li>Red Chile 1oz</li> <li>♦ Roasted Vegetables 4oz</li> <li>♦ Berry Compote 4oz</li> <li>♦ 1% Milk 8oz</li> </ul> 	<p>1</p> <ul style="list-style-type: none"> <li>♦ Pork Posole 4oz</li> <li>♦ Mushrooms 4oz</li> <li>♦ Pinto Beans 4oz</li> <li>♦ Dinner Roll 1ea</li> <li>Margarine 1pc</li> <li>♦ Jell-O 4oz</li> <li>♦ 1% Milk 8oz</li> </ul> 	<p>2</p> <ul style="list-style-type: none"> <li>♦ Beef Tips w/Gravy 3oz</li> <li>♦ Pasta 4oz</li> <li>♦ Brussel Sprouts 4oz</li> <li>♦ Dinner Roll 1ea</li> <li>Margarine 1pc</li> <li>♦ Yogurt 6oz</li> <li>♦ 1% Milk 8oz</li> </ul> 	<p>3</p> <ul style="list-style-type: none"> <li>♦ Veggie Green Chile Cheeseburger 1ea</li> <li>♦ Diced Potatoes 4oz</li> <li>♦ Succotash 4oz</li> <li>♦ Pudding 4oz</li> <li>♦ 1% Milk 8oz</li> </ul> 	<p>4</p> <ul style="list-style-type: none"> <li>♦ Garlic Butter Tilapia 4oz</li> <li>♦ Spinach 4oz</li> <li>♦ Green Beans 4oz</li> <li>♦ Grapes 4oz</li> <li>♦ 1% Milk 8oz</li> </ul> 
<p>7</p> <ul style="list-style-type: none"> <li>♦ Rotisserie Chicken 4oz</li> <li>♦ Roasted Vegetables 4oz</li> <li>♦ Sweet Potato Mash 4oz</li> <li>♦ Dinner Roll 1ea</li> <li>Margarine 1pc</li> <li>♦ Banana 1ea</li> <li>♦ 1% Milk 8oz</li> </ul> 	<p>8</p> <ul style="list-style-type: none"> <li>♦ Salisbury Steak 4oz</li> <li>Green Chile Gravy 2oz</li> <li>♦ Mashed Potatoes 4oz</li> <li>♦ Cauliflower 4oz</li> <li>♦ Dinner Roll 1ea</li> <li>Margarine 1pc</li> <li>♦ Orange 1ea</li> <li>♦ 1% Milk 8oz</li> </ul> 	<p>9</p> <ul style="list-style-type: none"> <li>♦ Asian Diced Pork 3oz</li> <li>♦ Peppers 2oz</li> <li>♦ Brown Rice 4oz</li> <li>♦ Roasted Vegetables 4oz</li> <li>♦ Fortune Cookie 2ea</li> <li>♦ 1% Milk 8oz</li> </ul> 	<p>10</p> <ul style="list-style-type: none"> <li>♦ Macaroni &amp; Broccoli 4oz</li> <li>♦ Green Beans 4oz</li> <li>♦ Carrots 4oz</li> <li>♦ Yogurt 4oz</li> <li>♦ 1% Milk 8oz</li> </ul> 	<p>11</p> <ul style="list-style-type: none"> <li>♦ Breaded Cod 4oz</li> <li>Tarter Sauce 1ea</li> <li>♦ Steamed Broccoli 4oz</li> <li>♦ Calabacitas 4oz</li> <li>♦ Mixed Berry 4oz</li> <li>♦ 1% Milk 8oz</li> </ul> 
<p>14</p> <ul style="list-style-type: none"> <li>♦ Carne Adovada 3oz</li> <li>Red Chile 2oz</li> <li>♦ Spinach 4oz</li> <li>♦ Pinto Beans 4oz</li> <li>♦ Pudding 1ea</li> <li>♦ 1% Milk 8oz</li> </ul> 	<p>15</p> <ul style="list-style-type: none"> <li>♦ Chicken Fajita 4oz</li> <li>♦ Tortilla 2ea</li> <li>♦ Brown Rice 4oz</li> <li>♦ Corn/Edamame 4oz</li> <li>♦ Banana 1ea</li> <li>♦ 1% Milk 8oz</li> </ul> 	<p>16</p> <ul style="list-style-type: none"> <li>♦ Beef Tips w/Gravy 3oz</li> <li>♦ Bowtie Pasta 4oz</li> <li>♦ Brussel Sprouts 4oz</li> <li>♦ Dinner Roll 1ea</li> <li>Margarine 1pc</li> <li>♦ Yogurt 6oz</li> <li>♦ 1% Milk 8oz</li> </ul> 	<p>17</p> <ul style="list-style-type: none"> <li>♦ Spaghetti 4oz</li> <li>♦ Mushrooms 2oz</li> <li>♦ Roasted Cauliflower 4oz</li> <li>♦ Dinner Roll 1ea</li> <li>Margarine 1pc</li> <li>♦ Orange 1ea</li> <li>♦ 1% Milk 8oz</li> </ul> 	<p>18</p> <ul style="list-style-type: none"> <li>♦ Lemon Pepper Salmon 1ea</li> <li>♦ Mashed Potatoes 4oz</li> <li>♦ Steamed Broccoli 4oz</li> <li>♦ Apple 1ea</li> <li>♦ 1% Milk 8oz</li> </ul> 
<p>21</p> <ul style="list-style-type: none"> <li>♦ Turkey Tetrazzini 4oz</li> <li>♦ Corn/Edamame 4oz</li> <li>♦ Dinner Roll 1ea</li> <li>Margarine 1pc</li> <li>♦ Jell-O 4oz</li> <li>♦ 1% Milk 8oz</li> </ul> 	<p>22</p> <ul style="list-style-type: none"> <li>♦ Beef Tips w/Gravy 3oz</li> <li>♦ Penne Pasta 4oz</li> <li>♦ Roasted Veggies 4oz</li> <li>♦ Berry Compote 4oz</li> <li>♦ Dinner Roll 1ea</li> <li>Margarine 1pc</li> <li>♦ 1% Milk 8oz</li> </ul> 	<p>23</p> <ul style="list-style-type: none"> <li>♦ Pork Tamales 2ea</li> <li>♦ Red Chile 1oz</li> <li>♦ Pinto Beans 4oz</li> <li>♦ Calabacitas 4oz</li> <li>♦ Pudding 4oz</li> <li>♦ 1% Milk 8oz</li> </ul> 	<p>24</p> <ul style="list-style-type: none"> <li>♦ Cheese Omelet 3oz</li> <li>♦ Peppers &amp; Onions 2oz</li> <li>♦ Mushrooms 4oz</li> <li>♦ Apple Slices 4oz</li> <li>♦ 1% Milk 8oz</li> </ul> 	<p>25</p> <ul style="list-style-type: none"> <li>♦ Baked Chicken 3oz</li> <li>♦ Sweet Potato Mash 4oz</li> <li>♦ Spinach 4oz</li> <li>♦ Dinner Roll 1ea</li> <li>Margarine 1pc</li> <li>♦ Jell-O 4oz</li> <li>♦ 1% Milk 8oz</li> </ul> 
<p>28</p> <ul style="list-style-type: none"> <li>♦ Salisbury Steak 3oz</li> <li>Gravy 1oz</li> <li>♦ Rosemary Potatoes 4oz</li> <li>♦ Malibu Blend 4oz</li> <li>♦ Mixed Berry 4oz</li> <li>♦ 1% Milk 8oz</li> </ul> 	<p>29</p> <ul style="list-style-type: none"> <li>♦ Chicken Posole 4oz</li> <li>♦ Mushrooms 4oz</li> <li>♦ Spinach 4oz</li> <li>♦ Dinner Roll 1ea</li> <li>Margarine 1pc</li> <li>♦ Pears 4oz</li> <li>♦ 1% Milk 8oz</li> </ul> 	<p>30</p> <ul style="list-style-type: none"> <li>♦ Garlic Tilapia 3oz</li> <li>♦ Brussel Sprouts 4oz</li> <li>♦ Carrots 4oz</li> <li>♦ Jell-O 4oz</li> <li>♦ 1% Milk 8oz</li> </ul> 	<p>1</p> <ul style="list-style-type: none"> <li>♦ Cheese Lasagna 4oz</li> <li>♦ Roasted Veggies 4oz</li> <li>♦ Dinner Roll 1ea</li> <li>Margarine 1pc</li> <li>♦ Yogurt 4oz</li> <li>♦ 1% Milk 8oz</li> </ul> 	<p>2</p> <ul style="list-style-type: none"> <li>♦ Diced Pork 3oz</li> <li>Gravy 2oz</li> <li>♦ Sweet Potato Mash 4oz</li> <li>♦ Green Beans 4oz</li> <li>♦ Orange 1ea</li> <li>♦ 1% Milk 8oz</li> </ul> 