



<u>Monday</u>	<u>Tuesday</u>	<u>Wednesday</u>	<u>Thursday</u>	<u>Friday</u>
<p>28</p> <ul style="list-style-type: none"> <li>♦ Green Chile Chicken Posole</li> <li>♦ Flour Tortilla</li> <li>♦ Calabacitas</li> <li>♦ Fruit</li> <li>♦ 1% Milk</li> </ul> 	<p>1</p> <ul style="list-style-type: none"> <li>♦ Turkey w/Gravy</li> <li>♦ Cornbread Stuffing</li> <li>♦ Vegetables</li> <li>♦ Chocolate Chip Cookie</li> <li>♦ 1% Milk</li> </ul> 	<p>2</p> <ul style="list-style-type: none"> <li>♦ Red Chile Omelet</li> <li>♦ Steamed Potatoes</li> <li>♦ Collard Greens</li> <li>♦ Fruit</li> <li>♦ 1% Milk</li> </ul> 	<p>3</p> <ul style="list-style-type: none"> <li>♦ Diced Pork</li> <li>♦ Sweet Potatoes</li> <li>♦ Vegetables</li> <li>♦ Fruit</li> <li>♦ 1% Milk</li> </ul> 	<p>4</p> <ul style="list-style-type: none"> <li>♦ Baked Cod w/Tartar Sauce</li> <li>♦ Steak Fries w/Ketchup</li> <li>♦ Brownie</li> <li>♦ 1% Milk</li> </ul> 
<p>7</p> <ul style="list-style-type: none"> <li>♦ Beef Fajitas</li> <li>♦ Flour Tortilla</li> <li>♦ Spanish Rice</li> <li>♦ Pinto Beans</li> <li>♦ Fruit</li> <li>♦ 1% Milk</li> </ul> 	<p>8</p> <ul style="list-style-type: none"> <li>♦ Chicken Alfredo w/Green Chile</li> <li>♦ Green Beans w/Mushrooms</li> <li>♦ Garlic Bread Stick</li> <li>♦ Pudding</li> <li>♦ 1% Milk</li> </ul> 	<p>9</p> <ul style="list-style-type: none"> <li>♦ Baked Ham w/Pineapple Glaze</li> <li>♦ Brown Rice</li> <li>♦ Steamed Carrots</li> <li>♦ Yogurt</li> <li>♦ 1% Milk</li> </ul> 	<p>10</p> <ul style="list-style-type: none"> <li>♦ Beef Steak w/Grilled Onions</li> <li>♦ Roasted Potatoes</li> <li>♦ Crispy Roasted Brussel Sprouts</li> <li>♦ Cookie</li> <li>♦ 1% Milk</li> </ul> 	<p>11</p> <ul style="list-style-type: none"> <li>♦ Baked Ziti w/Mozzarella</li> <li>♦ Vegetables</li> <li>♦ Garlic Bread Stick</li> <li>♦ Fruit</li> <li>♦ 1% Milk</li> </ul> 
<p>14</p> <ul style="list-style-type: none"> <li>♦ Baked Chicken</li> <li>♦ Mashed Potatoes w/Gravy</li> <li>♦ Vegetables</li> <li>♦ Fruit</li> <li>♦ Dinner roll w/Margarine</li> <li>♦ 1% Milk</li> </ul> 	<p>15</p> <ul style="list-style-type: none"> <li>♦ Minestrone w/Navy Beans</li> <li>♦ Cornbread</li> <li>♦ Vegetables</li> <li>♦ Seasonal Fruit</li> <li>♦ 1% Milk</li> </ul> 	<p>16</p> <ul style="list-style-type: none"> <li>♦ BBQ Pulled Pork</li> <li>♦ Tater Tots w/Ketchup</li> <li>♦ Sliced Beets</li> <li>♦ Vegetables</li> <li>♦ Seasonal Fruit</li> <li>♦ 1% Milk</li> </ul> 	<p>17</p> <ul style="list-style-type: none"> <li>♦ Corned Beef</li> <li>♦ Steamed Potatoes</li> <li>♦ Steamed Cabbage</li> <li>♦ Jell-O</li> <li>♦ 1% Milk</li> </ul> 	<p>18</p> <ul style="list-style-type: none"> <li>♦ Loaded Baked Potato</li> <li>♦ Vegetables</li> <li>♦ Apple Crumble</li> <li>♦ 1% Milk</li> </ul> 
<p>21</p> <ul style="list-style-type: none"> <li>♦ BBQ Chicken Thigh</li> <li>♦ Baked Beans</li> <li>♦ Corn Bread</li> <li>♦ Fruit</li> <li>♦ 1% Milk</li> </ul> 	<p>22</p> <ul style="list-style-type: none"> <li>♦ Meatballs w/Marinara &amp; Cheese</li> <li>♦ Tater Tots w/Ketchup</li> <li>♦ Green Beans w/Mushrooms</li> <li>♦ Hoagie Bun</li> <li>♦ Pudding</li> <li>♦ 1% Milk</li> </ul> 	<p>23</p> <ul style="list-style-type: none"> <li>♦ Turkey Pot Pie</li> <li>♦ Steamed Potatoes</li> <li>♦ Vegetables</li> <li>♦ Apple Sauce</li> <li>♦ 1% Milk</li> </ul> 	<p>24</p> <ul style="list-style-type: none"> <li>♦ Red Chile Beef Enchiladas</li> <li>♦ Spanish Rice</li> <li>♦ Calabacitas</li> <li>♦ Fruit</li> <li>♦ 1% Milk</li> </ul> 	<p>25</p> <ul style="list-style-type: none"> <li>♦ Cajun Tilapia</li> <li>♦ Butter Noodles</li> <li>♦ Vegetables</li> <li>♦ Fruit</li> <li>♦ 1% Milk</li> </ul> 
<p>28</p> <ul style="list-style-type: none"> <li>♦ Salisbury w/Gravy &amp; Mushrooms</li> <li>♦ Steamed Potatoes</li> <li>♦ Vegetables</li> <li>♦ Fruit</li> <li>♦ 1% Milk</li> </ul> 	<p>29</p> <ul style="list-style-type: none"> <li>♦ Chicken Tenders w/BBQ Sauce</li> <li>♦ Brown Rice</li> <li>♦ Corn w/Peppers</li> <li>♦ Dinner Roll w/Margarine</li> <li>♦ Pudding</li> <li>♦ 1% Milk</li> </ul> 	<p>30</p> <ul style="list-style-type: none"> <li>♦ Garlic Tilapia</li> <li>♦ Angel Hair Pasta w/Diced Tomatoes</li> <li>♦ Steamed Green Beans</li> <li>♦ Jell-O</li> <li>♦ 1% Milk</li> </ul> 	<p>31</p> <ul style="list-style-type: none"> <li>♦ Frito Pie</li> <li>♦ Vegetables</li> <li>♦ Fruit</li> <li>♦ 1% Milk</li> </ul> 	<p>"Senior Affairs Nutrition Program is proud to be part of the <b>New Mexico Grown</b> state initiative providing locally NM sourced produce, ensuring our seniors a fresh, healthy meal."</p>