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Monday	Tuesday	Wednesday	Thursday	Friday
<p>3</p> <ul style="list-style-type: none"> ◆ Lemon pepper chicken w/brown rice ◆ Diced beets ◆ Roasted brussels sprouts ◆ Chocolate pudding ◆ 1% Milk 	<p>4</p> <p>WE WILL BE CLOSED JULY 4th</p>	<p>5</p> <ul style="list-style-type: none"> ◆ Garlic tilapia ◆ Whole wheat pasta w/ diced tomatoes ◆ Calabacitas* ◆ Yogurt ◆ 1% Milk 	<p>6</p> <ul style="list-style-type: none"> ◆ Meatballs w/marinara w/cheese ◆ Whole grain hoagie roll ◆ Steak fries w/ketchup ◆ Seasonal vegetables* ◆ Fresh seasonal fruit* ◆ 1% Milk 	<p>COLD MEAL 7</p> <ul style="list-style-type: none"> ◆ Egg Salad on whole grain bread ◆ Lettuce & tomato ◆ Carrot sticks ◆ Seasonal fruit* ◆ 1% Milk 
<p>10</p> <ul style="list-style-type: none"> ◆ Pork Chop w/brown rice ◆ Rosemary potatoes w/ margarine ◆ Seasonal vegetable* ◆ Fresh seasonal fruit* ◆ 1% Milk 	<p>11</p> <ul style="list-style-type: none"> ◆ Beef fajita w/red and peppers and onions* ◆ Pinto beans* ◆ Flout tortilla ◆ Baked apples ◆ 1% Milk 	<p>12</p> <ul style="list-style-type: none"> ◆ Pasta (Penna) primavera stir fry veg*/alfredo sauce ◆ Spinach w/onions ◆ Bread stick ◆ Yogurt ◆ 1% Milk 	<p>13</p> <ul style="list-style-type: none"> ◆ Breaded cod w/tartar sauce ◆ Buttered noodles ◆ Green beans ◆ Fresh seasonal Fruit* ◆ 1% Milk 	<p>14</p> <ul style="list-style-type: none"> ◆ Chicken Parmesan ◆ Zucchini w/butter ◆ Seasonal Vegetables* ◆ Jello ◆ 1% Milk 
<p>17</p> <ul style="list-style-type: none"> ◆ Carne Adovada: Pork ◆ Spinach ◆ Pinto beans* ◆ Flour tortilla ◆ Fresh Seasonal Fruit* ◆ 1% Milk 	<p>18</p> <ul style="list-style-type: none"> ◆ Sweet & sour chicken w/ stir fry vegetables* ◆ Seasonal vegetable* ◆ Brown rice ◆ Fortune Cookie ◆ 1% Milk 	<p>19</p> <ul style="list-style-type: none"> ◆ Salisbury steak w/gravy mushroom ◆ Mashed potatoes ◆ Fresh banana ◆ Whole grain dinner roll w/margarine ◆ 1% Milk 	<p>20</p> <ul style="list-style-type: none"> ◆ Cheese Omelet w/fajita blend ◆ Stewed tomato ◆ Dice potato ◆ Whole grain biscuit w/ margarine ◆ Mandarin Oranges ◆ 1% Milk 	<p>21</p> <ul style="list-style-type: none"> ◆ BBQ pork pulled ◆ Roasted sweet potato ◆ Seasonal vegetable* ◆ Fresh seasonal fruit* ◆ Whole grain dinner roll w/margarine ◆ 1% Milk 
<p>24</p> <ul style="list-style-type: none"> ◆ Spaghetti w/meat sauce: Beef ◆ Imperial blend vegetables ◆ Seasonal vegetables* ◆ Fresh seasonal fruit* ◆ 1% Milk 	<p>25</p> <ul style="list-style-type: none"> ◆ Bake salmon w/lemon and garlic ◆ Ancient grain blend ◆ Green beans w/ mushrooms ◆ Fresh seasonal fruit* ◆ 1% Milk 	<p>26</p> <ul style="list-style-type: none"> ◆ Red chile tamales: Pork ◆ Calabacitas* ◆ Pinto Beans* ◆ Fresh Seasonal Fruit* ◆ 1% Milk 	<p>27</p> <ul style="list-style-type: none"> ◆ Mac & cheese green chile ◆ Broccoli ◆ Seasonal Vegetables* ◆ Yogurt ◆ 1% Milk 	<p>Cold Meal 28</p> <ul style="list-style-type: none"> ◆ Chicken salad sandwich on whole grain bread ◆ Sliced cucumber* and carrot sticks ◆ Cole Slaw ◆ Fresh Seasonal Fruit* ◆ 1% Milk 
<p>31</p> <ul style="list-style-type: none"> ◆ Meatloaf w/tomato sauce ◆ Roasted redskin potato ◆ Succotash ◆ Fresh seasonal fruit ◆ Whole grain dinner roll w/ margarine ◆ 1% Milk 