



















As part of the New Mexico Grown state initiative, every Thursday, the Department of Senior Affairs will feature a vegetarian meal that incorporates locally sourced fruits, vegetables, beans, or chile into the menu.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>30</p> <ul style="list-style-type: none"> ◆ Texas Chili ◆ Cornbread/Margarine ◆ Succotash ◆ Diced Pears ◆ 1% milk 	<p>31</p> <ul style="list-style-type: none"> ◆ Asian Diced Pork/Peppers ◆ Rice Pilaf ◆ Oriental Blend ◆ Fortune Cookie ◆ 1% milk 	<p>1</p> <p>CLOSED</p> <p>HAPPY NEW YEAR</p>	<p>2</p> <ul style="list-style-type: none"> ◆ Omelet w/ Red Chile & Peppers ◆ Sweet Potatoes ◆ Blackeye Peas ◆ Dinner Roll/Margarine ◆ Pudding ◆ 1% milk 	<p>3</p> <ul style="list-style-type: none"> ◆ Breaded Cod/Tartar Sauce ◆ Crinkle Cut Fries ◆ Peas & Carrots ◆ Brownies ◆ 1% milk 
<p>6</p> <ul style="list-style-type: none"> ◆ Salisbury Steak w/ Green Chile Gravy ◆ Sweet Potato Mash ◆ Cauliflower w/ Pepitas ◆ Diner Roll/Margarine ◆ Orange ◆ 1% milk 	<p>7</p> <ul style="list-style-type: none"> ◆ Turkey Tetrizzini ◆ Corn & Edamame ◆ Dinner Roll/Margarine ◆ Jell-O ◆ 1% milk 	<p>8</p> <ul style="list-style-type: none"> ◆ Lemon Pepper Salmon ◆ Brown Rice ◆ Roasted Fall Veggies ◆ Dinner Roll/Margarine ◆ Mixed Berries ◆ 1% milk 	<p>9</p> <ul style="list-style-type: none"> ◆ Omelet w/ Red Chile & Pepitas ◆ Pinto Beans w/ Spinach & Bell Peppers ◆ Dinner Roll/Margarine ◆ Apple Slices ◆ 1% milk 	<p>10</p> <ul style="list-style-type: none"> ◆ Diced Pork w/ Gravy ◆ Mashed Potatoes ◆ Steamed Broccoli ◆ Dinner Roll/Margarine ◆ Pear Slices ◆ 1% milk 
<p>13</p> <ul style="list-style-type: none"> ◆ Beef Tips w/ Gravy Over Bowtie Pasta ◆ Brussel Sprouts ◆ Diner Roll/ Margarine ◆ Yogurt ◆ 1% milk 	<p>14</p> <ul style="list-style-type: none"> ◆ Lemon Baked Tilapia w/ Tartar Sauce ◆ Sweet Potato Mash ◆ Green Beans ◆ Diner Roll/ Margarine ◆ Mixed Berries ◆ 1% milk 	<p>15</p> <ul style="list-style-type: none"> ◆ Chicken Tamales w/ Red Chile & Pepitas ◆ Steamed Mushroom ◆ Berry Compote ◆ 1% milk 	<p>16</p> <ul style="list-style-type: none"> ◆ Cheese Lasagna ◆ Roasted Fall Veggies ◆ Dinner Roll/Margarine ◆ Jell-O ◆ 1% milk 	<p>17</p> <ul style="list-style-type: none"> ◆ Chicken Posole ◆ Steamed Mushroom ◆ Sauteed Spinach ◆ Diner Roll/ Margarine ◆ Orange ◆ 1% milk 
<p>20</p> 	<p>21</p> <ul style="list-style-type: none"> ◆ Baked Chicken ◆ Sweet Potato Mash ◆ Sauteed Spinach ◆ Diner Roll/ Margarine ◆ Jell-O ◆ 1% milk 	<p>22</p> <ul style="list-style-type: none"> ◆ Lemon Pepper Salmon ◆ Mashed Potatoes ◆ Steamed Broccoli ◆ Diner Roll/ Margarine ◆ Apple Slices ◆ 1% milk 	<p>23</p> <ul style="list-style-type: none"> ◆ Macaroni & Broccoli ◆ Brussel Sprouts ◆ Diner Roll/ Margarine ◆ Pineapple ◆ 1% milk 	<p>24</p> <ul style="list-style-type: none"> ◆ Salisbury Steak w/ Green Chile Gravy ◆ Mashed Potatoes ◆ Roasted Fall Veggies ◆ Diner Roll/ Margarine ◆ Pear Slices ◆ 1% milk 
<p>27</p> <ul style="list-style-type: none"> ◆ Lemon Baked Tilapia w/ Tartar Suce ◆ Mashed Potatoes ◆ Corn & Edamame ◆ Diner Roll/ Margarine ◆ Apple Slices ◆ 1% milk 	<p>28</p> <ul style="list-style-type: none"> ◆ Chicken Tamales w/ Red Chile & Pepitas ◆ Steamed Mushroom ◆ Berry Compote ◆ 1% milk 	<p>29</p> <ul style="list-style-type: none"> ◆ Diced Pork w/ Gravy ◆ Sweet Potato Mash ◆ Green Beans ◆ Diner Roll/ Margarine ◆ Jell-O ◆ 1% milk 	<p>30</p> <ul style="list-style-type: none"> ◆ Spaghetti w/ Tomato Sauce & Mushrooms ◆ Cauliflower w/ Pepitas ◆ Dinner Roll/Margarine ◆ Orange ◆ 1% milk 	<p>31</p> <ul style="list-style-type: none"> ◆ Beef Tips w/ Gravy ◆ Brown Rice ◆ Roasted Fall Veggies ◆ Diner Roll/Margarine ◆ Mixed Berries ◆ 1% milk 