

Foster Grandparent Program

June 2024

Volunteer Spotlight



The Foster Grandparent Program (FGP) would like to feature Grandma Maria Martinez for the month of June. She was born in Taos, NM and raised there till a teen, when she left home and came to Albuquerque. She started a lifelong passion for children, volunteering with Bright Horizon here in Albuquerque. She then embarked on an interesting life as a Nanny. She was a Nanny in New Jersey, New York, and New Mexico. She married at 25 and had 2 daughters and adopted a son. Now one daughter lives in Albuquerque and one lives in Mississippi. Keeping up her love for children, for many years she continued to foster children, all newborn babies. Grandma Maria now has 5 grandchildren and 6 great-grandchildren. Great-grandchildren include a set of twins, one of which is the only girl as the other 5 are all boys. She considers herself very lucky to have a very close and supportive family. Interesting fact, she has owned her home for 52 years and almost all of the family members have lived in the home at one point or another. The Foster Grandparent Program was a natural transition and great fit for her, not just because she is a Grandma but also from her fostering and nanny background. Her favorite part in the program is the opportunity to provide care and love for them. Thank you for your lifelong service & dedication to children and for joining the Foster Grandparent Program.

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DSA Administration



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VACANT
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Joni VanMeir
Volunteer Coordinator

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Office Assistant

FGP Office

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Albuquerque, NM 87102
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AmeriCorps Seniors Foster Grandparent Program helps kids learn through a variety of ways.

Message from the Director

Welcome Summer!



This summer is filled with excitement for the Department of Senior Affairs as we look forward to expanding our services in the community!

First, we are thrilled to announce the grand opening of our newest facility, the Santa Barbara Martineztown Multigenerational Center! This 5,000-square-foot center will offer versatile space to accommodate a variety of programs for both youth and older adults in the historic Santa Barbara-Martineztown area. We invite you to join us in June for the celebration!

In addition, we are excited to share that the long-awaited Cibola Loop Multigenerational Center will soon begin construction on Albuquerque's northwest side. This nearly 15,000 -square-foot facility will provide a wide range of programs and services for that quadrant of the city, becoming the tenth addition to DSA's growing slate of senior and multigenerational centers.

In other news, please keep an eye out for our upcoming Senior Affairs Activity Catalog! Releasing in July, this catalog will feature six months of exciting activities, programs, resources, and ways to continue to engage with others and our community! Copies will be available at all senior and multigenerational center locations, as well as online at cabq.gov/senior

Finally, stay tuned for more improvements at our centers, including updates at Manzano Mesa, Palo Duro, Highland, and North Valley, with needed infrastructure and system enhancements. Here's to a happy, healthy summer full of progress and lasting memories!

Best regards,
Anna M. Sanchez, Director

Message from the Foster Grandparent Program Office

Happy Summer!

The month of May brought so many wonderful events. We had our Annual Pinning Recognition Ceremony at the Indian Pueblo Cultural Center, and collaborated in a dual pinning ceremony with the Senior Companion Program and celebrated your years of service. Each of the FGP volunteers have contributed towards making a difference in the classroom this year in the student's lives and it was wonderful to spotlight you all for your service in the classrooms.

Thank you to the volunteers who attended the Older Americans Month, In-Service Training. We hope that you had a chance to eat some delicious ice cream and share some laughter with other volunteers. We hope you enjoyed your time with each other and participate and collaborate in games with your peers.

Looking ahead to June, we have some upcoming changes. The FGP office will be moving to the back of Barelas Senior Center. Please be patient with us during this transition time June 3-7th. Consequently, our scheduled training will be moved from June to August.

We are wishing you all a wonderful month.

Wishing you well,
Marie, Joni and Estelle



Station Spotlight

City of Albuquerque

Trumbull Child Development Center -
Early Head Start

Trumbull Child Development Center reopened in October 2023 with two classrooms. They have renovated playgrounds and added two new classrooms. They currently have one 18 months to 3 year classroom. They also have one early pre-k program that holds 20 children. They hope to open up three more classrooms in the near future for infants, Two's and Pre-k classroom.

Maria Martinez started
serving in May 2024

Announcements

SURVEYS

2024 VOLUNTEER PARTICIPANT SURVEY:
RETURN TO
FGP OFFICE BY JUNE 7, 2024.
SUMMER ASSIGNMENTS COMING SOON.
ENJOY YOUR SUMMER!



FGP office will be closed on Wednesday,
June 19 in observance of Juneteenth
*This is a FGP Holiday for those serving



Summer School Placement

Summer school is just around the corner. If you would like to be placed in a summer assignment, please contact Joni. Summer School is a short program and begins June 12 - July 3, 2024. Summer school assignment options are APS schools, a City Multigenerational Center and YDI's.

HAPPY BIRTHDAY

Cynthia Noleszenski
9 JUNE

Estelle Chavez
JUNE 26TH

Advisory Council

FY25 advisory council meeting will be
July 17, 10:00 am - 12:00 pm. We will meet at Barelás Senior Center in Silver Room. We welcome you to join us.
We are looking for four FGP volunteers to join and contribute their time and ideas to the Advisory Council.
The best is yet to come for FGP!

Volunteer Badge Policy

It is standard operating procedure of the Department of Senior Affairs that all volunteers shall wear a DSA approved identification badge while on City of Albuquerque Property.
ID badges must be worn on the outer most layer of clothing above the waist at all times while volunteering. The FGP badge that were provided to you at winter recognition are acceptable.

Please Note:

For those serving in an assignment, Payroll 26 will be due early June 20 to ensure Fiscal year end closure is processed on time & submitted ahead of schedule. You are asked to project, fill-in the last week. For questions, please call the office and talk with Estelle.

FGP Moving

Exciting news: FGP is moving! The Office is relocating to the back of the Barelás Senior Center. Due to the move the training that was schedule in June will be rescheduled for the second week in August.

2024 Annual Pinning Ceremony


**10
May
2024**



*So
Much
Fun!*




*Thank
you!*



Thank you for all you do serving in the FGP!

Breakfast Burrito



Ingredients

- 2 large eggs
- 1/4 cup frozen bell peppers and onion, thawed, diced
- 1/4/ tsp garlic powder
- 1 whole wheat flour tortilla (8 inch)
- 2 Tbs salsa (canned or jarred)

Instructions

- Coat the inside of a mug with cooking spray (or wipe with oil or butter).
- Add the egg, milk (if using), peppers and onions, black beans (if using), and garlic powder to the mug. Whisk together until combined.
- Microwave on high for 30 seconds. Stir and microwave another 30 seconds. Repeat if necessary until eggs are cooked through.
- Microwave tortilla for 20 seconds until warm.
- Add egg mixture to tortilla, top with salsa, roll up, and enjoy!

Think outside the box with these breakfast burritos. Have a bag of broccoli in the freezer? Thaw some and toss them in. How about mushrooms? Or other types of beans?

Nutrition Information: *Serving Size: 1 burrito*

Calories: 350 - Total Fat: 19g - Saturated Fat: 5g - Protein: 17g
Sodium: 730mg - Total Carbohydrates: 26g - Added Sugar: 0g - Fiber: 1gt

TUESDAY

JUNE 11, 2024

9:30 AM – 1:30 PM

1825 Edith Blvd NE,
Albuquerque, NM 87102



ABOUT THE CENTER:

Hours:

Monday through Friday
8 a.m. to 5 p.m.

Available Services:

Youth Programs, Senior Meals,
Community Events, Fitness
Activities, Senior Transportation

📞 505-764-6400

🌐 cabq.gov/seniors

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ALBUQUE senior affairs
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GRAND OPENING!

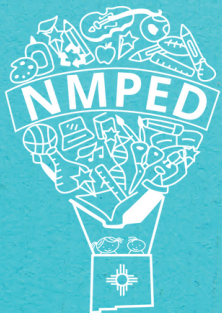
SANTA BARBARA MARTINEZTOWN MULTIGENERATIONAL CENTER



GRAND OPENING FESTIVITIES TO INCLUDE:

- Ribbon Cutting
- Live Entertainment
- Refreshments
- Building Tours
- Class Demos
- And Much More!

FREE EVENT!



Identity, Equity, and
Transformation Division

JOIN THE PED FAMILY CABINET.



bit.ly/ped-family

If you're ready to...

- Partnering with PED to educate families and community about current education initiatives.
- Sharing information with your local school, district, and community.
- Understanding statewide education policy and how it impacts your school and child.
- Gaining access to PED resources and tools.
- Bringing parent concerns, issues, and trends to the attention of NMPED.

Questions?

Catalina Neff, Family Engagement Liaison
catalina.neff@ped.nm.gov
family.engagement@ped.nm.gov
505-231-2964

Happy Coloring



I LOVE SUMMER



N V X J Y M H D E G B I T K W O
 C Y G B Q C P L G K N C F Y T C
 O G C E X Z R Y R O O D T U O K
 L V N A D B Q I E Y Q H S K A D
 C U O C H Q A V B X H U T M N H
 P Y M H M J D R Q Z N P S R S O
 E Z L R L T T X B B J I X F U L
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 F A B C J N G O Z P Q N V J B D
 K T M N G P C G R T M U E E A A
 Z F U P S K A P P H A N E R T Y
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 Q P J A D N A U S J K S G I E O
 N B O E R E G J P F U F O U X Z
 O N N U K K F I E N W B B T S O
 T M L R I Y W E C X E D N Z E T

AUGUST
 CAMPING
 HOLIDAYS
 OUTDOOR
 SUNBATHE

BARBEQUE
 FUN
 JULY
 PARK
 SUNBLOCK

BEACH
 GARDEN
 JUNE
 SUN

As part of the New Mexico Grown state initiative, every Thursday, the Department of Senior Affairs will feature a vegetarian meal that incorporates locally sourced fruits, vegetables, beans, or chile into the menu.



Monday	Tuesday	Wednesday	Thursday	Friday
27 	28 ♦ Sliced turkey w/gravy ♦ Stuffing ♦ Beets ♦ Yogurt ♦ 1% milk 	29 ♦ Carne adovada ♦ Corn w/peppers ♦ Broccoli, cauliflower, carrots ♦ Honeydew ♦ 1% milk 	30 ♦ Whole wheat rotini pasta w/sauce & parmesan cheese ♦ Spinach w/onions ♦ Corn ♦ Peanut butter cookie ♦ 1% milk 	31 ♦ Chicken tender w/ BBQ sauce ♦ Steamed potato ♦ Green beans ♦ Cantaloupe ♦ 1% milk 
3 ♦ BBQ chicken sandwich ♦ Sweet potato ♦ Apple cobbler ♦ 1% milk 	4 ♦ Greek pasta salad w/ ham ♦ Cucumber & red onion salad w/ranch dressing ♦ Wheat crackers ♦ Mandarin oranges ♦ 1% milk 	5 ♦ Red chile omelet ♦ Steamed potatoes ♦ Stewed tomatoes ♦ Green apple ♦ 1% milk 	6 ♦ Mushroom Swiss veggie burger ♦ Steamed broccoli ♦ Corn bread ♦ Whole grain wheat bun ♦ Diced peaches ♦ 1% milk 	7 ♦ Beef steak w/grilled onions ♦ Mashed potatoes ♦ Steamed green beans ♦ Vanilla pudding ♦ 1% milk 
10 ♦ Baked ham w/ pineapple sauce ♦ Rice pilaf ♦ Baby carrots ♦ Yogurt ♦ 1% milk 	11 ♦ Salisbury steak w/ mushroom & onion gravy ♦ Green beans ♦ Scalloped potatoes ♦ Orange ♦ 1% milk 	12 ♦ Baked ziti w/chicken ♦ Steamed carrots & cauliflower ♦ Breadstick ♦ Pineapple ♦ 1% milk 	13 ♦ Whole wheat rotini pasta w/parmesan cheese ♦ Spinach w/onions ♦ Corn ♦ Peanut butter cookie ♦ 1% milk 	14 ♦ Bean burrito w/red chile ♦ Cauliflower ♦ Collard greens ♦ Watermelon ♦ 1% milk 
17 ♦ Beef tips w/bowtie pasta ♦ Steamed green beans ♦ Peach cobbler ♦ 1% milk 	18 ♦ Baked chicken thigh ♦ Steamed collard greens ♦ Brown rice ♦ Yogurt ♦ 1% milk 	19 	20 ♦ Elbow cheese macaroni w/broccoli ♦ Whole wheat breadstick ♦ Brussel sprouts ♦ Oatmeal cookie ♦ 1% milk 	21 ♦ Pork roast w/creamy onion gravy ♦ Steamed broccoli & carrots ♦ Mashed potatoes ♦ Dinner roll ♦ Green grapes ♦ 1% milk 
24 ♦ Beef steak w/grilled onions ♦ Roasted red potatoes ♦ Brussel sprouts ♦ Sugar cookie ♦ 1% milk 	25 ♦ Chicken thigh ♦ Succotash ♦ Cornbread ♦ Apple ♦ 1% milk 	26 ♦ Baked pollock ♦ Roasted peppers ♦ Ancient grain ♦ Chocolate pudding ♦ 1% milk 	27 ♦ Southwest omelet w/ red chili ♦ Diced potatoes ♦ Stewed tomatoes ♦ Applesauce ♦ 1% milk 	28 ♦ Carne adovada ♦ Pinto beans ♦ Brown rice ♦ Flour tortilla ♦ Jell-O ♦ 1% milk 