BCSC ONGOING ACTIVITIES

Activity	Weekdays	Start Time End Time	Location
	M T., W Th F	0.00 444 0.00 444	NA. 14:
Breakfast	M, Tu, W, Th, F	8:00 AM - 9:00 AM	Multipurpose
Lunch	M, Tu , W, Th, F	11:30 AM - 1:00 PM	Social Hall
ARTS AND CRAFTS			
Greeting Card/Paper Craft Group *Class	Thursday - 2nd	9:30 AM - 11:30 AM	Room 1
Independent Art Workshop	Wednesday	8:30 AM - 11:30 AM	Rooms 3 & 4
Knitting & Crocheting (Project Linus)	Monday	9:30 AM - 11:30 AM	Room 5
Quilting: Experienced	Tuesday	8:30 AM - 11:45 AM	Room 3
Stained Glass Session I	Wednesday	8:00 AM - 10:15 AM	Room 5
Stained Glass Session II	Wednesday	1:00 PM - 4:00 PM	Room 5
Visual Journals	Saturday - 3rd	12:00 PM - 2:30 PM	Rooms 3 & 4
Watercolor: Open Workshop	Tuesday	1:00 PM - 4:00 PM	Room 3
Woodcarver Workshop: BC Carvers	Friday	8:00 AM - 12:00 PM	Room 5
COMPUTERS			
Apple Mac and PC Open Computer lab	Monday, Wednesday, Friday	9:00 AM - 11:00 AM	Computer
Apple User Group Meeting	Saturday - 4th	9:30 AM - 12:30 PM	Computer
PC Computer Workshop	Wednesday - 3rd	1:30 PM - 3:30 PM	Computer
DANCE			
Ballroom Dance Class (\$6/class)	Thursday	4:45 PM - 5:45 PM	Social Hall
Line Dancing: Advanced	Thursday	1:30 PM - 3:00 PM	Social Hall
Line Dancing: Beg Improver	Thursday	3:15 PM - 4:30 PM	Social Hall
Line Dancing: Beginning	Tuesday	1:30 PM - 3:00 PM	Social Hall
Line Dancing: Intermediate I	Tuesday	3:15 PM - 4:30 PM	Social Hall
Thursday Night Dance (\$3)	Thursday	6:00 PM - 8:30 PM	Social Hall
Exercise			
Chair Yoga (\$6.00)	Monday	2:00 PM - 3:00 PM	Multipurpose
Dancing with the Bars	Thursday	8:30 AM - 9:15 AM	Social Hall
Deep Stretch Yoga (\$5.00)	Thursday	11:30 AM - 12:30 PM	Multipurpose
Hiking Group *Van* Offisite	Thursday - Every 2 Weeks	-	Offsite
Tai Chi Chih Practice	Wednesday	3:30 PM - 4:00 PM	Room 1
Tai Chi Chuan *Class Full*(Enrollment	Saturday	11:15 AM - 12:45 PM	Social Hall
TNT Dynamite Exercise (\$2.00)	Monday, Wednesday, Friday	9:30 AM - 10:30 AM	Social Hall
Yoga and Fitness for Seniors *Postponed	· Friday	10:00 AM - 11:00 AM	Multipurpose
Zumba Gold (\$3/class)	Monday, Wednesday, Friday	8:15 AM - 9:15 AM	Social Hall
GAMES			
Cornhole	Friday	10:00 AM - 12:00 PM	Park
Game Day	Wednesday	9:30 AM - 11:00 AM	Multipurpose
Happy Gamers	Friday - 1st	9:30 AM - 12:00 PM	Room 1
Mexican Train	Saturday	10:00 AM - 12:30 PM	Room 1

GAMES- TABLE Billiards (\$.25/day) Saturday 9:00 AM - 2:45 PM Pool Room Billiards (\$.25/day) M, Tu , W, Th, F 8:00 AM - 4:45 PM Pool Room Table Tennis Monday 1:30 PM - 4:45 PM Social Hall Table Tennis Friday 2:30 PM - 4:45 PM Social Hall Table Tennis Thursday 9:00 AM - 11:00 AM West Social Table Tennis - Intergenerational Saturday 9:00 AM - 11:00 AM Social Hall Table Tennis - Intergenerational Saturday 9:00 AM - 11:00 AM Social Hall Table Tennis - Intergenerational Saturday 9:00 AM - 11:00 AM Social Hall Table Tennis - Intergenerational Saturday 12:00 PM - 2:45 PM Social Hall Table Tennis Monday 12:00 PM - 3:00 PM Room 4 Canasta: Tennis Monday 12:00 PM - 4:30 PM Room 3 Canasta: Tennis Thursday 9:00 AM 11:30 AM Room 4 C	Activity	Weekdays	Start Time End Time	Location
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Zia Rifle & Pistol Club - Executive Board Thursday - 2nd 5:00 PM - 7:00 PM Room 1	` , , ,	Thursday - 1st	9:30 AM - 11:00 AM	Room 3
	Zia Rifle & Pistol Club	Thursday - 3rd	7:00 PM - 8:45 PM	Room 5
Zia Sundials Saturday - 2nd 9:00 AM - 2:30 PM Room 5	Zia Rifle & Pistol Club - Executive Board	Thursday - 2nd	5:00 PM - 7:00 PM	Room 1
	Zia Sundials	Saturday - 2nd	9:00 AM - 2:30 PM	Room 5

Activity	Weekdays	Start Time End Time	Location
HEALTH			
Blood Pressure Screening	Wednesday	9:00 AM - 11:00 AM	Room 2
Clean Slate (Kinesiology & Muscle	Friday	12:15 PM - 1:15 PM	Room 5
GEHM RN Clinic	Tues - 2nd	8:30 AM - 12:00 PM	Lobby
Happy Losers (Weight Loss Group)	Thursday	8:00 AM - 9:15 AM	Room 4
Sounds for Wellness - Sound Healing	Thursday - 4th	9:00 AM - 11:30 AM	Room 3
Language	·		
Dutch Speaking Group	Friday	10:00 AM - 11:30 AM	Lobby
French Beginning I	Wednesday	12:00 PM - 1:00 PM	Room 1
French Beginning II	Wednesday	1:30 PM - 2:30 PM	Room 1
German - Beginning	Thursday	1:00 PM - 2:00 PM	Room 2
German - Intermediate	Tuesday	10:30 AM - 12:00 PM	Room 4
German - Intermediate	Thursday	2:00 PM - 3:00 PM	Room 2
Italian Workshop: Intermediate	Tuesday	11:00 AM - 12:30 PM	Room 2
Spanish - Adv (Conversation)	Tuesday	1:00 PM - 3:00 PM	Room 2
Spanish - Intermediate/Advanced	Tuesday	9:00 AM - 10:50 AM	Room 2
Music	•		
ABQ Accordion Club	Thursday - 2nd, 4th	7:00 PM - 8:45 PM	Rooms 3 & 4
Bear Canyon Ukulele Club	Monday - 1st, 3rd	2:15 PM - 4:15 PM	Room 1
Bear Tones	Thursday	10:00 AM - 12:00 PM	Room 5
Beginning Piano	Friday	8:30 AM - 10:30 AM	Room 2
Guitar - Advanced Performance	Wednesday	10:30 AM - 12:30 PM	Room 5
Guitar - Bear Canyon Players	Friday - 1st,3rd	1:30 PM - 4:00 PM	Room 5
Guitar - Beg / Inter II (Class Full)	Wednesday	12:00 PM - 2:00 PM	Room 4
Guitar - Beginning (Class Full)	Wednesday	8:00 AM - 9:30 AM	Room 1
Guitar - Classical (Class Full)	Thursday	12:00 PM - 3:00 PM	Room 1
Guitar - Int. Acou Rock/Amer (Class Full)	Wednesday	10:00 AM - 11:30 AM	Room 1
Guitar - Intermediate/Advanced	Thursday - 1st, 2nd, 4th, 5th	1:00 PM - 3:00 PM	Room 5
Guitar - Jam Session Experienced	Monday	1:00 PM - 4:00 PM	Room 5
Guitar - Workshop Intermediate	Monday	9:00 AM - 11:00 AM	Room 1
Piano Workshop: Intermediate	Friday	10:45 AM - 12:00 PM	Room 2
SOCIAL			
Dessert Social	Friday - 3rd	1:30 PM - 2:30 PM	Social Hall
DRTEDTALKS - Expanding Joy w/ Dr.	Thursday	11:30 AM - 12:30 PM	Room 2
Flea Market (May - Sept)	Tuesday - 2nd, 4th	10:00 AM - 1:00 PM	Multipurpose
Friendship Coffee	Tuesday	9:30 AM - 10:30 AM	Social Hall
Movie Matinee	Friday - 2nd	1:30 PM - 3:30 PM	Room 5
New Member Orientation	Friday - 2nd	10:30 AM - 11:30 AM	Room 1
Out to Lunch Bunch *Van*	Thursday - 3rd	-	Offsite
SUPPORT GROUPS			
Grief Support Group	Monday - 2nd, 4th	3:00 PM - 4:00 PM	Room 2

Activity	Weekdays	Start Time	End Time	Location
Prostate Cancer Support Group	Saturday - 1st, 3rd	12:30 PM	- 2:45 PM	Room 5
Training				
AARP Defensive Driving	Thursday - 3rd	12:00 PM	- 4:00 PM	Room 5
AARP Defensive Driving	Saturday - 1st	9:30 AM	- 1:30 PM	Room 5
WRITING/LITERATURE/DISCUS	SION			
Classic & Great Books Discussion	Friday - 2nd, 4th	1:00 PM	- 3:00 PM	Room 2
Free Write Workshop (Class Full)	Thursday - 3rd	1:00 PM	- 3:00 PM	Room 3
Inquiring Minds Discussion Group	Monday	10:00 AM	- 11:00 AM	Room 2
Memoirs- Autobiography	Tuesday	9:00 AM	- 11:15 AM	Room 1
The Land of Enchantment Romance	Saturday - 4th	11:00 AM	- 2:30 PM	Room 2