# City of Albuquerque Department of Senior Affairs Advisory Council

714 Seventh Street SW Albuquerque, NM 87102



Anna M. Sanchez, Director

DSA Advisory Council Meeting Zoom Meeting January 25, 2021

## **Minutes**

- I. Meeting Called to Order by Chair Evan Thompson 12:07 pm
  - a. Present: Evan Thompson, Louis Carlentine, Lucy Lopez, Steve Borbas, Allison Weber, Jennifer Roth, Dubra Karnes-Padilla, and Onastine Jaramillo
  - b. Absent: Bobbi Carmona-Young
- II. Approval of Minutes
  - a. Evan motioned for approval of November minutes, Onastine seconds. November minutes approved.
- III. Approval of the Agenda
  - a. Evan motions for approval of January agenda, Onastine seconds. January agenda approved.
- IV. Public Participation
  - a. No public present during this Zoom meeting.
- V. New Member Introductions
  - a. The advisory council welcomes new member Jennifer Roth. Jennifer is a Program Manager who serves elderly and disabled through long-term care service programs. She is happy to be on the council and serve in this capacity.
  - b. The advisory council welcomes new member Dubra Karnes-Padilla. Dubra is a Wellness Educator who teaches weekly group fitness activities to seniors. She is excited to learn more about the how she can assist Senior Affairs on this council.
- VI. Administrative Reports
  - a. Social Services Division Agnes Vallejos
    - a. Agnes welcomed the new members and gave a brief introduction of how the Social Services Division operates. She provided the I&A number and how important that number is to getting information and resources to seniors in the community. Agnes discussed Care Coordination and what they offer. She explained how social services has had to pivot their services during the pandemic. Lastly, Agnes he gave an overview of the Senior Corp volunteer program.
  - b. Nutrition/Transportation Division Timothy Martinez
    - a. Tim gave an introduction of the Nutrition and Transportation Division services and how they have operated during the pandemic. They have doubled their services, especially the Nutrition side in serving meals to the senior community. Tim talked about how his team has really stepped up during this time.
  - c. Recreation Division- Nikki Peone
    - a. Nikki welcomed the new members and discussed how many centers there are what services they are offering during the pandemic. They are averaging about 1,700

meals per day out of the five open centers, in addition to virtual programming coming out of each center. Nikki showed the council members a breakdown of the number of views on each of programs being offered on Youtube and Facebook. Bingo is one of the most popular virtual activities. They also offer prerecorded educational classes. Currently they are working on expanding to AARP tax service. Beginning Feb 1, folks can make an appointment to drop off their tax info at 4 locations; Bear Canyon Senior Center, Barelas Senior Center, Highland Senior Center, and Palo Duro Senior Center. This should go until April 15.

## d. Deputy Director – Anthony Romero

a. Anthony talked about how the department has moved forward during the pandemic, with everyone constantly recalibrating. He is proud of the staff for coming to work everyday to serve our community. The department is working on looking at its community partnerships and creating a master plan along with FCS and P&R to be the hub of City services. For example, the City is redeveloping the Walker Street Property in the Wells Park neighborhood. We do this keeping the age friendly action plan in mind, as we are doubling even tripling services offered to the senior community and looking at ways to relieve the pressure on staff. Adding another layer to that looking at how to store the frozen meals and finding funding to get a permanent fix.

#### e. Associate Director – Deb Brinkley

a. Deb reported that she received a message from UNM dental school that was passed along from the EOC. They are offering low cost dental work to help them with meeting their requirements to graduate. We will pass out the flyer to folks and they will take insurance.

#### f. Director – Anna Sanchez

- a. Anna reported that she just recently gave a Public Safety Presentation. DSA has altered its services by helping folks to stay home and stay safe during this pandemic. I&A saw a 42% increase in calls and they provide referrals and direct resources. There has been a 31% increase in clients served by case management. There have been 620,000 EHDM prepared and we expect a change in home services. We have stood up additional program supports with CARES funding, we have partnered with Adelante services to provide tech support for seniors. In addition, a tech survey was conducted and we are learning which additional supports to add in the near future.
- b. The Department of Health has granted us access to their health portal to help folks register for the COVID-19 vaccine. Staff is making outbound calls and we are receiving inbound calls from I&A to help register those that don't have access to technology.
- c. The age friendly action plan was approved by AARP. It is a living document that serve as an inventory of how Albuquerque will work to serve all ages under the 8 domains of livability. We will have a condensed version to share, and plan to meet with the core group yearly to ensure we are on the right path. Lastly, we are transitioning to conducted a study on current DSA services and processes and seeing where that can take us in the future. Andrew West is helping us out in that capacity and right now we have sent out a future needs' assessment survey to key folks. Jenifer will send you all a copy and it would be great if you could take the survey and provide your feedback.

#### VII. Council Member Reports

- a. Steve reported on the expansion of Palo Duro, they seem to be doing well. They are a little behind schedule but nothing serious.
- b. Onastine thanked DSA for helping get folks registered for the vaccine as lack of access to technology seems to big barrier a lot of seniors. She also encouraged the council members to get on social media and share DSA info. If a topic begins to trend many more people will see it. Onastine suggests standing up a friend or pen pal program to help combat isolation. There are so many seniors who are struggling and alone at home. In regards to the frozen meals, what does DSA do when a person does not have a microwave? Shelf stable, non-microwaveable meals are available. Onastine knows of some thrift stores that can maybe help out with microwaves if we know of any seniors who don't have one.

## VIII. Advisory Council Business

a. Evan and Onastine are happy to serve as Chair and Vice Chair of the Advisory Council for another term. There are no oppositions.

#### IX. Old/New Business

- a. None at this time.
- X. Announcements: Upcoming Events, Etc.
  - a. None at this time.
- XI. <u>Adjournment</u> Evan calls for motion to adjourn, Steve seconds. Meeting was adjourned at 1:25 pm.