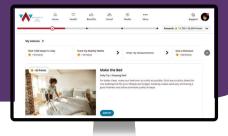
## First time access to Wellness at Work

City of Albuquerque and Participating Entities Employees and Spouses/Domestic Partners enrolled in one of the City's Health Plans.





## WELLNESS AT WORK

## **Desktop Access**

On your desktop or laptop computer, go to: join.personifyhealth.com/cityofalbuquerque

Enter you First Name, Last Name

Enter your **Employee ID** starting with "E"

Your employee ID is a 5 digit number. Ex: E12345

If you are a spouse/domestic partner, enter the employee's ID starting with "S" Ex: S12345

Enter your **Birthdate** (mm/dd/yyyy)

Enter the Country and then the State.

Read and accept the agreements

Complete the form. You will be asked to create a password. This will be your password to access Wellness at Work.

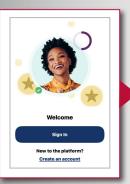
Once you complete this process you will be enrolled and can start using the platform and all the well-being benefits available, including completing the Health Check for \$25 gift card, tracking your activity, completing health journeys, and more.

To access Wellness at Work after enrolling, <u>Click Here</u> Save this link to your bookmarks.

## **Mobile App Access**

Download the Personify Health mobile app on Apple or Android.





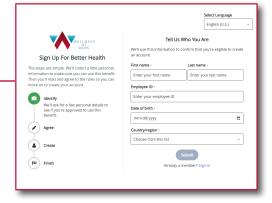
Open the mobile app



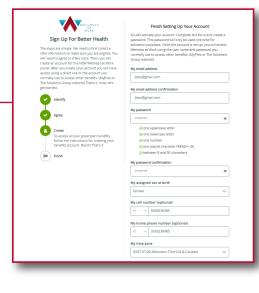
Enter the email address you used to create your account on the desktop.



Enter the password you used when you created your account.







If you are having issues creating or accessing your account, please contact Personify Health at 888-671-9395, Monday - Friday 7:00 am - 7:00 pm MST.

Or, email wellnessatwork@phs.org.