

# Art Matters Lesson Plan

# Design Lesson #5: Where I'm From & Mapping

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Tools	Materials
Writing and drawing tools: pencils, pens, sharpies, Colored markers	Blank paper - several pieces per artist Printed-Where I Am From poem template

# Set-Up

- 1. Put out clean paper and various writing and drawing tools
- 2. Print out copies of "Where I am From" template

## Instructions

## Part 1: Relax and Share

- As a group, take a deep breath through your nose and exhale or sigh out of your mouth. Do this two more times as a group. As you relax your shoulders, your face, and your mind, come into the present moment.
- b. Check-in with how you're feeling and think of something or someone that you are grateful for in your life. if you're in a group, go around and give everyone a chance to say this out loud.

#### Part 2: Where I am From

- Take a deep breath. Relax your shoulders, your arms, your hands.
  Remember to pause and do this periodically as you work.
- b. Pass out printed "Where I am From" templates and example poem.
  Have someone read the template example poem aloud. Make further explanations, if needed.
- c. Give time for students to write out their poem on the paper.
- d. Encourage students to read their poems aloud to the group. one another

# Part 3: Image Maps: Inspired by

- a. Think back to Part 2 and/or start from a new place of inspiration. Decide if you will make a map of where you are from/where you currently reside or make a map of the journey of your life.
- As you draw, things to consider: spatial relationships, visual symbols that represent people, places, or events, black & white or color, lines, orientation (from above or frontal).

- Begin drawing your map. Feel free to make a sketch or two of your ideas before you decide on your final map layout. Keep in mind that it does not have to be exact or perfect. This project is about remembering the places, experiences, and people that you love.

- Occasionally pause, take a breath and hold your work up in front of you or rotate it to gain a different perspective.

## Questions to Consider as you work

- 1. Which places, people, and events are most important to me?
- 2. What does my map design say about me?
- 3. How does my piece change as I fill the space?

4. Am I breathing, taking a moment to pause and look at my work, and remembering that this is for fun.

## Clean Up

- 1. Put all caps on markers, and put them away.
- 2. Wipe down the tables if any marks are present.
- 3. Keep your artwork! Even if you don't love it, it can be used later as book pages, journal covers, and shared with others.

#### Closing:

Take a deep breath. At the end, please share your pieces with each other. Hold your piece in front of you so others can see. Share: What did you discover? What did you enjoy? What do you like about other peoples' work?

Consider taping these up so others can see it.

Thank you for joining us to make art today!